

# Take It Down

**COPPER KNOB**  
STYLEDANCE

拍数: 32      墙数: 4      级数: Intermediate/Advanced  
编舞者: Bev Kerins (USA)  
音乐: No One Else On Earth - Wynonna



## KNEE BENDS, ROCK-STEP, KNEE BENDS, ROCK-STEP

- 1-2      With weight even on both feet, bend knees; while straightening knees, scoop hips to the left and touch right heel forward
- &3-4      Rock back on ball of right foot; step left foot in place; touch right heel forward
- 5-6      With weight even on both feet, bend knees; while straightening knees, scoop hips to the right and touch left heel forward
- &7-8      Rock back on ball of left; step right foot in place; touch left heel forward.

## SYNCOPATED VINE LEFT, ROCKING CHAIR

- 9-10      Step left foot to left; cross-step right foot over left
- &11      Step left foot to left; cross-step right foot behind left
- &12      Step left foot to left; cross-step right foot over left
- 13&14      Step left foot beside right; kick right foot forward; bend both knees (bring right foot even with left but keep it up off the floor)
- &15&16      Straighten left knee and kick right forward; step right beside left; rock back on ball of left; step right foot in place.

## SIDE SHUFFLE; ¼ TURN, SIDE SHUFFLE, HIP ROLLS

- 17&18      Step left foot to left side; step right together; step left foot to left side
- &      Pivot ¼ turn left, hitching right knee
- 19&20      Step right foot to right side; step left together; step right foot to right side
- 21      Angle body slightly left and step back on left foot bending left knee
- 22      Shifting weight forward to right foot, bend right knee and straighten left knee
- 23-24      Shift weight back to left; bend left knee and straighten right knee.  
(Hips should undulate backward & forward, like a wave.)

## HIP ROLL, ROCK STEP, SYNCOPATED HEEL & TOE TOUCHES

- 25-26      Shifting weight forward to right foot, bend right knee and straighten left knee; hold
- &27-28      Rock back on ball of left foot; step right foot in place; hold
- &29      Jump back on ball of left; touch right heel forward
- &30      Step right foot in place; touch ball of left beside right
- &31      Jump back on ball of left foot; touch right heel forward
- &32      Step right foot in place; touch ball of left beside right.

## REPEAT

---