

Take It

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Meiske Pamaputera (INA)
音乐: Take It Back - Reba McEntire



SYNCOPATED VINE WITH KICK

1-2&3 Step right, cross left behind right, step right, cross left in front of right
4-5 Step right, cross left behind right
&6-7-8 Step right, cross left in front of right, step right, kick (diagonal)

ROCK, SAILOR SHUFFLE (TWICE)

1-2-3&4 Step left cross in front of right, rock right in place, cross left behind right, step right side, step left side
5-6-7&8 Step right cross in front of left, rock left in place, cross right behind left, step left side, step right side

SLIDE, SWIVELING CLOSE, STEP, CLOSE, STEP CLOSE (2X)

1-2-3-4 Big step left side, bring right foot swiveling to left (3 counts)
5-6-7-8 Step right, close left, step right, close left
9-10-11-12 Repeat 1 - 8 to right
13-14-15-16 Repeat 1 - 8 to right

STEP, CROSS, LIFT, CROSS, SIDE, CROSS, LIFT, CROSS

1-2-3-4 Step left, cross right behind, lift left, left cross behind
5-6-7-8 Step right side, cross left in front, lift right, cross right in front

ROCK, ¼ TURN, ½ TURN, CROSS, STEP, CROSS, STEP, KICK

1-2-3-4 Rock left, ¼ turn right, ½ turn right, cross right behind
5-6-7-8 Step left side, cross right in front, step left side, ¼ left turn kick

REPEAT
