

# Take 5

拍数: 32      墙数: 4      级数: Improver  
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音乐: Five Minutes - Lorrie Morgan



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## ROCK, RECOVER; ROCK, RECOVER; CROSS, STEP BACK, CROSS. TOUCH

1-2            Rock forward on left, recover weight on right  
3-4            Rock forward on left, recover weight on right  
5-6            Cross left over right, step right back on right diagonal  
7-8            Cross left over right, touch right toes behind left

Put hip movements into steps 1-4

## WEAVE RIGHT; ROCK, RECOVER; CROSS, STEP LEFT

9-10           Step right to right side, cross left behind right  
11-12          Step right to right side, cross left over right  
13-14          Rock right to right side, recover weight on left  
15-16          Cross right over left, step left to left side

## CROSS SHUFFLE; ROCK, RECOVER; JAZZ BOX

17&18          Cross shuffle right over left, stepping right/left/right  
19-20          Rock left to left side, recover weight on right  
21-22          Cross left over right, step back on right  
23-24          Step left by right, scuff right by left

## RIGHT SHUFFLE; ROCK, RECOVER; ¼ TURN LEFT CHASSE; ROCK, TOUCH

25&26          Right shuffle forward, stepping right/left/right  
27-28          Rock forward on left, recover weight on right  
29&30          Turn ¼ turn left and chasse, stepping left/right/left  
31-32          Rock back on right, touch left toes in front of right

REPEAT

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