Syncotex



编舞者: Sho Botham (UK)

音乐: I'll Take Texas - Vince Gill



GRAPEVINES AND STEP-TOUCHES

Step right foot to right, cross-step left foot behind right foot
Step right foot to right, touch left foot next to right foot
Step left foot to left, touch right foot next to left foot
Step right foot to right, touch left foot next to right foot

Optional claps can be added on some or all of the touches

GRAPEVINES AND STEP-TOUCHES

Step left foot to left, cross-step right foot behind left foot
Step left foot to left, touch right foot next to left foot
Step right foot to right, touch left foot next to right foot
Step left foot to left, touch right foot next to left foot

Optional claps can be added on some or all of the touches

SYNCOPATED GRAPEVINES AND WALKS FORWARD

1-2	Step right foot to right, cross-step left foot behind right foot
&3	Ball-change: step in place on ball of right foot, step left foot in place
4-5	Repeat counts 1-2
86	Depost sounts 92

&6 Repeat counts &37-8 Walk forward right-left

STEP BACK, HOOK, SHUFFLE AND TURN AND WALKS

1-2	Step back on right foot, hook left heel over right leg (slight body lean forward over hook)
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3&4 Shuffle forward left-right-left

5-6 Step right foot forward, pivot ½ to left (basketball turn)

7-8 Walk right-left traveling slightly forward

REPEAT

To finish with the music, do the dance 6 times, then dance only the second half (counts 17-32) and do your own big finish on the last two counts to finish facing front.