

# Switch It On

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Alan Haywood (UK)  
音乐: Switch It On - Will Young



## LEFT SIDE, TOGETHER, LEFT FORWARD MAMBO, RIGHT SIDE, TOGETHER, MAMBO ½ RIGHT

1-2      Step left to left, step right next to left  
3&4      Rock forward on left, recover back on right, step left next to right  
5-6      Step right to right side, step left next to right  
7&8      Rock forward onto right, recover onto left, make ½ right stepping right forward

## HEEL SWITCHES LEFT AND RIGHT, & LEFT LOCK STEP, RIGHT FORWARD MAMBO, ½ LEFT, STOMP RIGHT

1&2&      Touch left heel forward, step left next to right, touch right heel forward, step right next to left  
3&4      Step left forward, lock right behind left, step left forward  
5&6      Rock forward onto right, recover onto left, step right next to left  
7-8      Make ½ turn left stepping left forward, stomp right next to left

## SIDE SWITCHES LEFT AND RIGHT, & KICK BALL STEP, ROCK, RECOVER, TRIPLE ½ LEFT

1&2      Touch left to left side, step left next to right, touch right to right side  
&3&4      Step right next to left, kick left forward, step ball of left next to right, step right forward  
5-6      Rock forward onto left, recover weight back onto right  
7&8      Make a ½ turn left stepping left-right-left

## RIGHT SIDE MAMBO, LEFT SIDE MAMBO, JAZZ BOX ¼ RIGHT

1&2      Rock right to right side, recover weight onto left, step right next to left  
3&4      Rock left to left side, recover weight onto right, step left next to right  
5-6      Cross step right over left, step back onto left  
7-8      Make ¼ right stepping right to right side, step left next to right

## HIP BUMPS RIGHT, LEFT, RIGHT-LEFT-RIGHT, SIDE, TOGETHER ¼ LEFT SHUFFLE

1-2      Bump hips right, bump hips left  
3&4      Bump hips right-left-right  
5-6      Step left to left side, step right next to left  
7&8      Step left ¼ left, close right next to left, step left forward

## ROCK, RECOVER, SHUFFLE ½ RIGHT, LEFT HEEL JACK, & STEP FORWARD ¼ LEFT

1-2      Rock forward onto right, recover weight back onto left  
3&4      Make ½ turn right stepping right-left-right  
5&6      Cross step left over right, step right to right side, touch left heel diagonally forward  
&7-8      Step left next to right, step right forward, pivot ¼ left (weight on left)

## RIGHT FORWARD, ½ LEFT, RIGHT KICK BACK BACK, RIGHT FORWARD SHUFFLE, ROCK, RECOVER

1-2      Step right forward, pivot ½ left  
3&4      Kick right forward, small step back right, small step back left  
5&6      Step right forward, close left to it, step right forward  
7-8      Rock forward onto left, recover weight back onto right

## ½ LEFT SHUFFLE, RIGHT OVER AND SIDE, LEFT OVER, ¼ LEFT, ¼ LEFT, STOMP RIGHT

1&2      Make ½ turn left stepping left-right-left  
3&4      Cross right over left, step left back, step right to right side

5-6

Cross step left over right, make  $\frac{1}{4}$  left, stepping right back

7-8

Make  $\frac{1}{4}$  left stepping left to left side, stomp right next to left

**REPEAT**

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