

Switch

拍数: 32 墙数: 4 级数: Improver hip hop
编舞者: Signature X
音乐: Switch - Will Smith



STEP TOUCHES X4, JUMP OUT, JUMP IN TWICE WITH SHOULDER SHIMMY

- 1& Step right to right side, step left next to right
- 2& Step left to left side, step right next to left
- 3& Repeat 1&
- 4& Repeat 2&
- 5& Jump both feet out to the front and execute shoulder shimmy
- 6 Jump both feet in to standing position
- 7& Repeat 5&
- 8 Repeat 6

STEP RIGHT FRONT (FACING 3:00), CLAP TWICE, STEP LEFT FRONT (FACING 12:00), CLAPS TWICE, MARCH RIGHT LEFT, STEP RIGHT, STEP LEFT ¼ TURN LEFT

- 1 Step right forward ¼ turn right, facing 3:00
- &2 Claps twice
- 3 Step left forward (facing towards 12:00)
- &4 Claps twice
- 5-6 Step right next to left, step left next to right
- 7-8 Step right next to left, step left ¼ turn left (facing 9:00)

Hands option:

- 5-6 Raise right arms up above shoulder lever and shake it from right to left
- 7-8 Repeat 5-6

PUMP RIGHT TWICE, STEP BEHIND SIDE CROSS, PUMP LEFT TWICE, STEP BEHIND SIDE FORWARD

- 1-2 Point right toe to right (tapping right twice)
- 3&4 Cross right behind left, step left to left side, cross right over left
- 5-6 Point left toe to left (tapping left twice)
- 7&8 Step left behind right, step right to right side, step left forward

WALK TWICE, STEP BEHIND, UNWIND ½ TURN RIGHT, FUNK WALKS WITH HAND SWINGS

- 1-2 Step right forward, step left next to right
- 3 Lock right behind left
- 4 Unwind ½ turn right
- 5-6 Step right diagonally right forward, step left diagonally left forward
- 7-8 Repeat 5-6

REPEAT
