Swingin' Thing

COPPER KNC

拍数: 32

墙数:1

级数: Beginner

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音乐: Honey Hush - Scooter Lee



WALK FORWARD RIGHT, LEFT, RIGHT, KICK, WALK BACK RIGHT, LEFT, RIGHT, TOUCH

- 1-2 Step forward with right, step forward with left
- 3-4 Step forward with right, kick left forward
- On count 4, for better balance, touch the left beside right instead of kicking forward
- 5-6 Step back with left, step back right
- 7-8 Step back with left, touch right beside left

WALK FORWARD RIGHT, LEFT, RIGHT, KICK, WALK BACK RIGHT, LEFT, RIGHT, TOUCH

- 1-2 Step forward with right, step forward with left
- 3-4 Step forward with right, kick left forward
- On count 4, for better balance, touch the left beside right instead of kicking forward
- 5-6 Step back with left, step back right
- 7-8 Step back with left, touch right beside left

SIDE RIGHT, HOLD, TOGETHER, HOLD, SIDE RIGHT, HOLD TOGETHER, HOLD

- 1-2 Step right to right side, hold
- 3-4 Step left beside right, hold
- 5-6 Step right to right side, hold
- 7-8 Touch left beside right, no weight, hold

For fun, on the above 8 counts you can shimmy, wiggle, or shake something!

SIDE, TOGETHER, SIDE, TOGETHER, SIDE, TOGETHER, CLAP, CLAP

- 1-2 Step left to left side, step right together
- 3-4 Step left to left side, step right together
- 5-6 Step left to left side, touch right beside left, no weight
- 7-8 Clap, clap

REPEAT