

Swing'n From The Roll Bar (P)

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 0 级数: Partner
编舞者: Betty Weeks (USA)
音乐: Tailgate - Neal McCoy



Position: Side By Side; man holding lady to right side on the outside of circle, facing LOD

STEP DIAGONAL FORWARD RIGHT, SLIDE LEFT, STEP FORWARD RIGHT, BRUSH LEFT

1-2-3-4 Step forward right, slide left up to right, step forward right, brush left

STEP DIAGONAL FORWARD LEFT, SLIDE RIGHT, STEP FORWARD LEFT, BRUSH RIGHT

5-6-7-8 Step forward left, slide right up to left, step forward left, brush right

ROCK FORWARD RIGHT, RECOVER, COASTER STEP

1-2-3&4 Rock right forward, recover weight to left, step back right, step back left, step forward right

ROCK FORWARD LEFT, RECOVER, COASTER STEP

5-6-7&8 Rock left forward, recover weight to right, step back left, step back right, step forward left

SIDE SHUFFLE RIGHT, ROCK RECOVER, SIDE SHUFFLE LEFT, ROCK RECOVER

1&2-3-4 Side shuffle right, left, right, rock back left, step forward right

5&6-7-8 Side shuffle left, right, left, rock back right, step forward left

STEP RIGHT ¼ TURN LEFT, TOUCH LEFT; STEP LEFT ¼ TURN LEFT

1-2-3-4 Step right forward 1/4 turn left, touch left next to right, step left forward ¼ turn left, touch left next to right

STEP LEFT ¼ TURN LEFT, TOUCH LEFT; STEP LEFT ¼ TURN LEFT, TOUCH

5-6-7-8 Step right forward 1/4 turn left, touch left next to right, step left forward ¼ turn left, touch left next to right

REPEAT

Last Update - 6th May 2016