

Swing Ya Thing

COPPER **KNOB**
BY STEPHENETS

拍数: 64 墙数: 2 级数: Intermediate/Advanced
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音乐: Swingit - Bus Stop



RIGHT SIDE, HOLD, RIGHT WEAVE, RIGHT TOUCH KICK

- 1-2 Step right to right side, hold for one beat
- 3-4 Step left behind right, step right to right side
- 5-6 Step left across in front of right, touch right beside left
- 7-8 Kick right foot out to right side, step right behind left

LEFT WEAVE, LEFT SWEEP TWICE

- 9-10 Step left to left side, step right across in front of left
- 11-12 Step left to left side, step right behind left
- 13-14 Sweep left toe out and around to touch behind right foot
- 15-16 Sweep left toe out and around to step in front of left

FULL UNWIND RIGHT, RIGHT SWEEP, SLOW SAILOR STEP

- 17-20 Lock right foot behind left and start to unwind a full turn over your right shoulder, continue turning to complete a full unwind as you finish the turn sweep your right toe out and around from front to back
- 21-22 Step right behind left, step left o left side
- 23-24 Step right to right side, touch left beside right

FULL UNWIND RIGHT, STEP SLIDE RIGHT, SHOULDER SHRUGS

- 25-28 Cross left foot over right and unwind a full turn over your right shoulder on three counts, finish the turn by touching right beside left
- 29-30 Step right a big step to right side, slide left up to it
- &31&32 Shrug both shoulders up and down twice

RIGHT KICK & LEFT TOUCH & RIGHT KICK & LEFT KICK & RIGHT TOUCH & LEFT KICK & STEP & RIGHT KICK BALL CHANGE.

- 33&34 Kick right foot diagonally forward across in front of left, step forward onto right foot, touch left toe to right heel
- &35 Step diagonally back on left foot, kick right foot forward
- &36 Step right foot to right side, kick left foot diagonally forward across in front of right
- &37 Step forward onto left foot, touch right toe behind left heel
- &38 Step diagonally back on right foot, kick left foot forward
- &39&40 Step left beside right, kick right foot forward, step right beside left, step left beside right

EASY ALTERNATIVE TO ABOVE 8 COUNTS

- 33-34 Touch right heel forward, step right beside left
- 35-36 Touch left heel forward, step left beside right
- 37-38 Touch right heel forward, touch right beside left
- 39&40 Kick right foot forward, step right beside left, step left beside right

RIGHT JUMP (RUNNING FREEZE FRAME) HOLD FOR 3 COUNTS, LEFT KICK BALL CHANGE, LEFT STEP SLIDE

- 41-44 Jump forward onto right foot holding left foot out behind you (as if in a freeze frame running position) hold for three counts
- 45&46 Kick left foot forward, step left beside right, step right beside left
- 47-48 Step left a big step forward, slide right up to left

49&50 Moving very slightly forward make a right shuffle with ½ turn over your right shoulder

4 X SHUFFLES RIGHT, LEFT, RIGHT, LEFT MAKING ½ TURN RIGHT ON EACH SHUFFLE

51&52 Moving very slightly forward make a left shuffle with ½ turn over your right shoulder

53&54 Repeat steps 49&50

55&56 Repeat steps 51&52

EASY ALTERNATIVE TO ABOVE 8 COUNTS

51-56 Make four shuffles right, left, right, left and instead of turning a ½ turn every shuffle as above make just one full turn on four shuffles, this makes it slightly easier as the above ½ turns can make you quite dizzy

½ RIGHT MONTEREY TURN WITH TOUCH, LEFT STEP SLIDE, HIP ROLL TO THE LEFT

57-60 Touch right toe to right side, on ball of left foot turn ½ turn over your right shoulder, bringing right foot beside left, touch left toe to left side, touch left toe beside right

61-62 Step left a big step to left side, slide right up to it

63-64 Roll hips anti to the right

REPEAT
