

Swing Kick Stroll

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Betsy Baugess (USA)
音乐: Brand New Day - Sting



STEP RIGHT, CROSS LEFT, KICK RIGHT, CROSS RIGHT, STEP LEFT, CROSS RIGHT, KICK LEFT, ½ TURN

- 1-2 Step to the right, cross step left in front of right
- 3-4 Swing kick right, step right over left
- 5-6 Step left, step right over left
- 7-8 Swing kick left, cross step left behind right and unwind a ½ turn left

TOUCH RIGHT, ¼ TURN RIGHT, TOUCH LEFT ¼ TURN LEFT, STEP LEFT ¼ TURN, HIP BUMPS

- 1-2 Point right to the right, step right beside left, making a ¼ turn right
- 3-4 Point left to the left, touch left beside right, making a ¼ turn left
- 5 Step left forward into a ¼ turn right, lean weight onto the left, swinging out left hip
- 6 Bump right, transferring weight to the right
- 7&8 Bump hips left- right-left, (end up with weight on left)

STEP RIGHT, LEFT FRONT, KICK, RIGHT, LEFT, RIGHT, KICK, ¼ TURN STEP

- 1-2-3 Step right, cross step left in front of right, right swing kick to the right
- 4-5-6 Step cross right in front of left, step left, step cross right in front of left
- 7 Left swing kick to the left
- 8 Pivot on right toes (lift heel), make a left ¼ turn, step left beside right

STEP PIVOT ½ TURN, HEEL SWIVELS (TWO ¼ TURNS), RIGHT CROSS STEP, STEP LEFT BACK (TWICE)

- 1-2 Step forward right, pivot turn left ½
- 3-4 Swivel turn heels left ¼, twice (to return to the original wall for this phrase)
- 5 Step cross right over left
- 6 Step back on left
- 7 Step cross right over left
- 8 Step back on left

REPEAT
