

# Swing It Back

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: Beginner hustle  
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音乐: Swing It Back - Dance Mijangos



## INTRO

&1-2      Step back right left, hold  
&3-4      Step forward right left, hold  
&5&8      Step back right left, right left, right left, right left  
&9-10      Step forward right left, hold  
&11-12      Step back right left, hold  
&13&16      Step forward right left, right left, right left, right left  
17-32      Repeat the above sequence one more time then start the dance

## THE MAIN DANCE

### SHIMMY RIGHT, SHIMMY LEFT, TOUCH RIGHT

1-4      Step right foot to right (1) shimmy(2), left foot together(3) shimmy(4)  
5-8      Step left foot to left (5) shimmy(6), touch right foot(7) shimmy(8)

### ROCKING CHAIR, SHUFFLE BACK TWICE

9-12      Rock back on right, forward on left, forward on right, back on left  
13&14      Right foot back, left together, right back  
15&16      Left foot back, right together, left back

### RIGHT KICK BALL POINT, LEFT KICK BALL POINT, PADDLE ¼ TURN TWICE

17-20      Right kick ball point left, left kick ball point right  
21-24      Step forward right, ¼ turn left, step forward right, ¼ turn left

### STEP TOUCHES, STEP TOGETHER, STEP TOUCH

25-28      Step side right, touch left, step side left touch right  
29-32      Step right together left, step right together left

## REPEAT

If you do the thirty-two count intro, you will start the dance after 24 counts. If you choose not to do the intro you will start the dance after 56 counts