

Swing In Time (P)

拍数: 48 墙数: 0 级数: Partner
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音乐: Even If I Tried - Emilio



Position: Start facing each other. Man facing OLOD. Man's steps shown, Start on left

MAN'S STEPS

- 1&2 Left shuffle to side left, right, left
3&4 Right shuffle to side (right, left, right)
5 Step & rock back on left, swinging open to face LOD
Drop lady's right hand
6 Rock forward on right turning to face partner again
Rejoin right drop lady's left
7&8 Left shuffle forward (raise your left & lady's right arm)
- 9&10 Right shuffle forward making a ½ turn left with the steps to change places
11-12 Step and rock back on left, rock forward on right
13&14 Left shuffle forward
15&16 Right shuffle forward (join into Semi Western hold)
- 17-18 Stomp left in place, stomp right in place
19-20 Bump right hips together with partner twice
21&22 Left shuffle turning ¼ turn right
Drop lady's left hand raise right face LOD
23&24 Right shuffle forward into Closed Western hold
- 25-26 Step & rock forward on left, rock back on right foot
27-28 Step and rock back on left, rock forward on right
29&30 Left shuffle forward, swinging upper body to right
31&32 Right shuffle forward, swinging upper body to left
- 33&34 Left shuffle forward
Drop lady's left hand raise right
35&36 Right shuffle forward
Man now holding lady's left hand in his right & lady's right hand in his left
37-38 Step forward on left swinging upper body to right, pause
39-40 Step forward on right swinging upper body to left, pause
- 41-42 Step & rock back on left, rock forward on right, raise lady's right arm
43&44 Left shuffle turning a ¼ turn right with the steps (face OLOD drop lady's left hand)
45&46 Right shuffle in place
47-48 Step and rock back on left, rock forward on right
Rejoin hands back in starting position

REPEAT

LADY'S STEPS

- 1&2 Left shuffle to side left, right, left
3&4 Right shuffle to side (right, left, right)
5 Step & rock back on left, swinging open to face LOD
Drop lady's right hand

6 Rock forward on right turning to face partner again
Rejoin right drop lady's left
7&8 Left shuffle forward (raise your left & lady's right arm)

9&10 Left shuffle turning ½ turn right under the raised arm
11-12 Step and rock back on right, rock forward on left

13&14 Left shuffle forward
15&16 Right shuffle forward (join into Semi Western hold)
17-18 Stomp left in place, stomp right in place
19-20 Bump right hips together with partner twice
21&22 Right shuffle starting 1 ¼ turn to the right

Turn under the raised arm

23&24 Left shuffle completing the 1 ¼ turn

Face partner in Closed Western hold

25-26 Step & rock back on right, rock forward on left
27-28 Step and rock forward on right, rock back on left
29&30 Right shuffle back, swinging upper body to right
31&32 Left shuffle back, swinging upper body to left

33&34 Right shuffle back turning a ½ turn right with the steps (turn under the raised arm)

35&36 Left shuffle back turning a ½ turn right with the steps (turn under the raised arm)

Man now holding lady's left hand in his right & lady's right hand in his left

37-38 Step back on right foot swinging upper body to right, pause

39-40 Step back on left foot swinging upper body to left, pause (keep hold of hands)

41-42 Step & rock back on right, rock forward on left

Raise lady's right arm

43&44 Right shuffle starting a ¾ turn left (turning under the raised arm & in front of man)

45&46 Left shuffle completing the turn

47-48 Step and rock back on right, rock forward on left

Rejoin hands back in starting position

REPEAT

SEMI WESTERN POSITION

Right shoulder to right shoulder, man's right arm around back of lady's waist lady's left hand resting on man's right arm. Right and left hands are held at shoulder level
