Swing Central



拍数: 0

墙数:4

级数: Intermediate/Advanced east coast swing



编舞者: Darren Barabas (CAN)

音乐: Robin Hood/Oh Babe - Keely Smith

Sequence: AAAA BBBBBB (Ending)

PART A

THE "ROBIN HOOD"

STEP-TOUCH, STEP-TOUCH, ROCK-RECOVER, KICK-BACK

- 1-2 Step right forward, touch left together
- 3-4 Step left forward, touch right together
- 5-6 Rock right forward, recover left
- 7-8 Kick right forward, step right back (12:00)

BACK-TOUCH, BACK-TOUCH, ROCK-RECOVER, KICK-TURNING HITCH

- 1-2 Step left back, touch right together
- 3-4 Step right back, touch left together
- 5-6 Rock left back, recover right
- 7-8 Kick left forward, execute ¼ turn right while hitching left knee (3:00)

STEP-LOCK, STEP-TURNING HITCH, STEP-LOCK, STEP-TURNING HITCH

- 1-2 Looking diagonally right at 4:00, step left forward, lock right behind left
- 3-4 Step left forward hitch right knee and execute turn to look diagonally left to 2:00
- 5-6 Looking diagonally left at 2:00, step right forward, lock left behind right
- 7-8 Step right forward, execute small hitch left knee squaring up right to 3:00 wall (1/8 turn right) (3:00)

TURN-RECOVER X 3, WALK-WALK

- 1-2 Execute ¼ turn right and push left to left, recover right
- 3-4 Execute 1/4 turn right and push left to left, recover right
- 5-6- Execute 1/4 turn right and push left to left, recover right
- 7-8 Walk left forward, walk right forward (12:00)

FORWARD COASTER, HOLD, BACK-LOCK-BACK-HOLD

- 1-2 Step left forward, step right together
- 3-4 Step left back, hold
- 5-6 Step right back, lock left over right
- 7-8 Step right back, hold (12:00)

TURN-TOUCH, TURN-TOUCH, TURN-TOE-POINT-CROSS

- 1-2 Execute 1/4 turn left stepping left to left, touch right together
- 3-4 Execute ¼ turn left stepping right to right touch left together
- 5-6- Execute ¼ turn left stepping left forward touch right toe behind left
- 7-8 Touch right toe to right side, cross right over left (3:00)

HITCH-POINT, TURNING HITCH-TOUCH, HITCH-POINT, TURNING HITCH-STEP

- 1-2 Hitch left knee, point left to left
- 3-4 Execute ¼ turn right hitching left knee, touch left together
- 5-6 Hitch left knee, point left to left
- 7-8 Execute ¼ turn right hitching left knee, step left together (9:00)

UP-DOWN, POP-POP-POP-KICK-BACK-TOUCH

- 1-2 Raise up on the balls of both feet, drop back down on heels weighted right (option: knee splits)
- 3-4 Pop left knee toward right, pop right knee toward left
- 5-6- Pop left knee toward right, kick left foot diagonally right
- 7-8 Step back left on a diagonal back left, touch right over left centering body to new wall (9:00)

PART B

THE "OH BABE"

BUMP-BUMP TWICE, TOUCH-STEP, TOUCH-STEP

- 1-2 Step right to right bumping hip right, bump hip left
- 3-4 Bump hip right, bump hip left
- 5-6 Touch right behind left, step right to right
- 7-8 Touch left behind right, step left to left (12:00)

STEP-LOCK-STEP-TOUCH, STEP-TURN-STEP-PUSH

- 1-2 Step right forward, lock left together
- 3-4 Step right forward, touch left together
- 5-6- Step left forward, execute ½ turn right
- 7-8 Step left forward, step right together pushing arms straight out, palms forward (6:00)

SWIVEL-SWIVEL, SWIVEL-HOLD, POINT-TOGETHER-POINT-TOUCH

- 1-2 Keeping arms forward, swing heels right turning hands to left fingers turned to left palms forward, swing heels left turning hands to right fingers turned to right palms forward(2)
- 3-4 Execute ¼ turn left swinging heels right turning hands left fingers turned to left palms forward, hold hands brought down to side palms forward
- 5 Point right to right extending right arm to right with palm forward with left hand in right crook of arm(inside elbow)
- 6 Step right together extending both left and right arm forward with palms together
- 7 Point left to left extending left arm to left with palm forward with right hand in left crook of arm(inside elbow)
- 8 Touch left together extending both left and right arm forward with palms together (3:00)

STEP-TURN, ROCK-RECOVER, TURN-HOLD-TURN-KICK

- 1-2 Dropping arms, step left slightly forward, execute a quick ½ turn right pivoting on ball of left foot (weight on right forward) (9:00)
- 3-4 Rock left back, leaning slightly back, recover right leaning slightly forward
- 5-6 Execute ¼ turn right stepping left to left, hold (12:00)
- 7-8 Execute ½ turn right pivoting on ball of left stepping right to right, kick left across in front of right (6:00)

BACK-TOUCH-FORWARD-TOUCH, FORWARD-TOUCH-BACK-TOUCH

- 1-2 On diagonal back left(looking at diagonal right), step back left, touch right toe in front of left
- 3-4 On diagonal forward left, step forward right, touch left toe to right heel (4:00)
- 5-6 On diagonal forward right (looking diagonal left) step forward left, touch right toe behind left heel
- 7-8 On diagonal back left, step back right, touch left toe over in front of right (8:00)

TURN-TURN- ROCK-RECOVER, SWIVEL-SWIVEL-TURN

- 1-2 Execute 1/8 turn left stepping left forward squaring up with the wall (9:00), execute 1/4 turn left stepping right to right (12:00)
- 3-4 Rock left behind right, recover right
- 5-6- With right in place, point left slightly out to left and swivel heel to left, swivel left heel to center
- 7-8 Swivel left heel to left, execute ¼ turn left, swiveling left heel to center placing weight on left (9:00)

ENDING

End after count 4 of part b on wall 7: you will be facing the back wall. To finish on the front wall

- 5-6 Touch right behind left, execute ¹/₄ turn left stepping right to right
- 7-8 Touch left behind right, execute ¼ turn left stepping left forward weighted left, for the grand finale

Raise both arms up from your sides to above your head, fluttering your hands on the way up, when the final note hits, bring your arms down, chest level, and push each arm out to the sides (safe - as in baseball) stomping right together