

# Swing

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Paul McAdam (UK)  
音乐: Sing, Sing, Sing - Charlotte Swing Band



## CHARLESTON STEPS, OUT-OUT, IN-IN

1-2      Step forward on right foot, touch left toe forward  
3-4      Step back on left foot, touch right toe back  
5-6      Step right foot to right diagonal, step left foot to left diagonal  
7-8      Step right foot back on place, step left foot back in place

## RIGHT LOCK STEP, SKATES TWICE, LEFT LOCK STEP, SKATES TWICE

1&2      Step right foot to right diagonal, lock left foot behind right, step right foot to right diagonal  
3-4      Skate left foot to left diagonal, skate right foot to right diagonal  
5&6      Step left foot to left diagonal, lock right foot behind left, step left foot to left diagonal  
7-8      Skate right foot to right diagonal, skate left foot to left diagonal

## TOUCH BEHIND & SIDE STEPS, OUT-OUT CLAP, TWISTS

1-2      Touch right toe behind left foot, step right foot to right side  
3-4      Touch left toe behind right foot, step left foot to left side  
&5      Jump slightly forward right, left, out-out  
6      Clap hands  
&7&8      Twist both heels, right, left, right, left

## RIGHT SHUFFLE, LEFT SHUFFLE, SAILOR STEP, BEHIND ¼ TURN

1&2      Right shuffle to right diagonal  
3&4      Left shuffle to left diagonal  
5&6      Right sailor step  
7&8      Cross left foot behind right, make a ¼ turn right and step forward on right foot, step forward on left foot

## REPEAT

---