

拍数: 48 墙数: 4 级数: Improver
编舞者: Jan Brookfield (UK)
音乐: Here Comes The Hotstepper - Ini Kamose



KICK BALL CROSS, SCOOT BACK, SIDE TOUCH STEPS

- 1&2 Kick right forward, step back on ball of right, step left across right
- 3&4 Scoot back on left twice, touch right to side
- 5-6 Step right across left, touch left to side
- 7-8 Step left across right, stomp up right in place (weight remains on left)

HEEL SWITCHES TRAVELING BACK, ½ PIVOT TURNS TWICE

- 9&10 Tap right heel forward, step back on right, tap left heel forward
- &11& Step back on left, tap right heel forward, step back on right
- 12& Tap left heel forward, step back on left
- 13-14 Step right forward, pivot ½ turn to left
- 15-16 Step right forward, pivot ½ turn to left

HEEL & TOE SWITCHES WITH ¼ TURN LEFT, STEP SLIDES & CLAPS

- 17&18 Tap right heel forward, step on right in place, tap left toe back
- &19& Step on left in place, tap right toe back making ¼ turn to left, step right in place
- 20& Tap left heel forward, step on left in place
- 21-22 Step right forward at 45 degrees, slide left up to right and clap
- 23-24 Step left forward at 45 degrees, slide right up to left and clap

OUT, OUT, IN, IN & SIDE STEP TOUCH COMBINATION

- &25&26 Step right out to side, step left out to side, step right in place, step left in place
- 27-28 Step right to side, slide left up to touch right
- 29-30 Step left to side, slide right up to touch left
- &31&32 Step right out to side, step left out to side, step right in place, step left in place

HITCHES, SHIMMIES & SAILOR STEPS TO RIGHT & LEFT

- 33-34 Hitch right knee across left leg, step right to side
- 35&36 Shimmy shoulders (or bump hips) right, left, right
- 37&38 Step left behind right, step right back slightly, step left to side
- 39&40 Step right behind left making ¼ turn left, step left to side, step right to side

- 41-42 Hitch left knee across right leg, step left to side
- 43&44 Shimmy shoulders (or bump hips) left, right, left
- 45&46 Step right behind left, step left back slightly, step right to side
- 47&48 Step left behind right making ¼ turn left, step right to side, step left to side

REPEAT
