

Sweet Nothings

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Improver
编舞者: Addie Wells (AUS)
音乐: Sweet Nothin's - Brenda Lee



STOMP HOLD, ROCK HOLD, STOMP HOLD, ROCK HOLD

1-2-3-4 Stomp right to right and hold, stomp left to left and hold
5-6-7-8 Rock forward on right, recover on left, rock back on right and hold

STOMP HOLD, ROCK HOLD, STOMP HOLD, ROCK HOLD

1-2-3-4 Stomp left to left and hold, stomp right to right and hold
5-6-7-8 Rock forward on left, recover on right, rock back on left and hold

RIGHT VINE WITH HEEL 45 DEGREES, LEFT VINE WITH TOUCH

1-2-3-4 Step right to right, step left behind right, step right to right, left heel 45 degrees
5-6-7-8 Step left to left, step right behind left, step left to left, touch right toe beside left

SIDE ROCK, CROSS, HOLD. LEFT VINE WITH HOLD

1-2-3-4 Rock right to right, rock left to left, cross right over left, hold
5-6-7-8 Step left to left, step right behind left, step left to left, hold

ROCK STEPS AND ½ TURN

1-2-3-4 Rock right over left, recover on left, rock back on right, hold
5-6-7-8 Turn ½ left stepping left-right-left-right. (swaying movement)

HIP MOVEMENTS

1-2-3-4 Sway hips left and left, right and right
5-6-7-8 Left-right-left-right

ROCKS WITH SIDE SHUFFLES

1-2-3&4 Rock back on left, forward on right, side shuffle left
5-6-7&8 Rock back on right, forward on left, side shuffle right

HINGE ½ TURN, SAILOR, STEP, HINGE ½ TURN, SWAY

1-2 Step left into ¼ turn left, step right forward into ¼ turn left
3&4 Step left behind right, step right to right, step left forward
5-6-7-8 Step right behind left, left into ¼ turn left, step right forward into ¼ turn left, sway hips to left.
(transfers weight to left foot)

REPEAT
