

Sweet Meant To Be

COPPER **KNOB**
BY STEPHENETS

拍数: 64 墙数: 4 级数: Intermediate polka
编舞者: Linda Hall
音乐: Sweet Meant to Be - Carlene Cater



RIGHT FOOT HEEL GRIND, RIGHT FOOT COASTER STEP, ROCK STEP, TRIPLE ½ TURN LEFT

1-2 Touch right heel forward grinding heel, step back onto left
3&4 Step back right, close left beside right, step right forward
5-6 Rock forward on left, recover onto right
7&8 Triple ½ turn to left traveling back, stepping left right left

½ PIVOT TURN LEFT, 2 WALKS FORWARD, ROCK STEP, COASTER STEP

1-2 Step forward onto right, ½ pivot turn left transferring weight onto left
3-4 Walk forward on right, walk forward on left
5-6 Rock forward on right, recover onto left
7&8 Step back right, close left beside right, step right forward

LEFT FOOT HEEL GRIND, LEFT FOOT COASTER STEP, ROCK STEP, TRIPLE ½ TURN RIGHT

1-2 Touch left heel forward grinding heel, step back onto right
3&4 Step back left, close right beside left, step left forward
5-6 Rock forward on right, recover onto left
7&8 Triple ½ turn to right traveling back, stepping right left right

½ PIVOT TURN RIGHT, 2 WALKS FORWARD, ROCK STEP, SAILOR ¼ TURN

1-2 Step forward onto left, ½ pivot turn right transferring weight onto right
3-4 Walk forward on left, walk forward on right
5-6 Rock forward on left, recover onto right
7&8 Cross left behind right, step right ¼ turn left, step left in place

MAMBO FORWARD, TRIPLE FULL TURN LEFT, MAMBO FORWARD, ROCK STEP, TOUCH

1&2 Rock forward on right, rock back on left, step back onto right
3&4 Triple full turn left on the spot, stepping left right left
5&6 Rock forward on right, rock back on left, step back onto right
7&8 Rock back on left, recover onto right, touch left beside right

Option: replace 3&4 with mambo back (rock back on left, rock forward on right, step forward onto left)

SIDE ROCK STEP, CROSS SHUFFLE, SIDE ROCK STEP, CROSS SHUFFLE

1-2 Step left to left side, recover onto right in place
3&4 Cross left over right, step right to right side, cross left over right
5-6 Step right to right side, recover onto left in place
7&8 Cross right over left, step left to left side, cross right over left

MAMBO FORWARD, TRIPLE FULL TURN RIGHT, MAMBO FORWARD, ROCK STEP, TOUCH

1&2 Rock forward on left, rock back on right, step back onto left
3&4 Triple full turn right on the spot, stepping right left right
5&6 Rock forward on left, rock back on right, step back onto left
7&8 Rock back on right, recover onto left, touch right beside left

Option: replace 3&4 with mambo back (rock back on right, rock forward on left, step forward onto right)

SIDE ROCK STEP, CROSS SHUFFLE, SIDE ROCK STEP, CROSS SHUFFLE

1-2 Step right to right side, recover onto left in place
3&4 Cross right over left, step left to left side, cross right over left

5-6 Step left to left side, recover onto right in place
7&8 Cross left over right, step right to right side, cross left over right

REPEAT

TAG

Danced after wall 1 (facing 9:00) and once after wall 2 (facing 6:00)

FIGURE OF 8 GRAPE VINE

1-2 Step right to right side, step left behind right
3-4 Step right $\frac{1}{4}$ turn right, step left forward
5-6 Pivot $\frac{1}{2}$ turn right, make $\frac{1}{4}$ turn right and step left to left side
7-8 Cross right behind left, step left to left side
