

Sweet Mama's Waltz

COPPER KNOB
STEPSHEETS

拍数: 78 墙数: 1 级数: Intermediate waltz
编舞者: Jan Wyllie (AUS)
音乐: Sweet Mama Blue - Roy Orbison



WALTZ FORWARD AND BACK, WALTZ FORWARD MAKING ½ LEFT WALTZ BACK

1-6 Waltz forward left, right, left, waltz back right, left, right
7-12 Waltz forward left, right, left making ½ turn left, waltz back right, left, right

WALTZ FORWARD AND BACK, WALTZ FORWARD MAKING ½ LEFT WALTZ BACK MAKING ¼ LEFT

13-18 Waltz forward left, right, left, waltz back right, left, right
19-21 Waltz forward left, right, left making ½ turn left
22-24 Waltz back right, left, right making ¼ turn left

LEFT CROSS/WALTZ, RIGHT CROSS/WALTZ, WALTZ FORWARD AND BACK

25-27 Step left over right, rock/step right to right, rock/return weight to left
28-30 Step right over left, rock/step left to left, rock/return weight to right
31-36 Waltz forward left, right, left, waltz back right, left, right

STEP SLIDE HOLD, STEP ROCK ROCK, 2 SERPENTINE WALTZES

37-39 Step forward on left, slide right to left, hold
40-42 Step forward on right, rock/step left to left, rock/return weight to right
43-45 Step left behind right, rock/step right to right, rock/return weight to left
46-48 Step right behind left, rock/step left to left, rock/return weight to right

STEP ACROSS ROCK ROCK, STEP BACK ROCK ROCK, STEP PIVOT ¼ LEFT, STEP PIVOT ¼ RIGHT

49-51 Step left across right towards right diagonal, rock/step forward on right, rock back on left
52-54 Still facing right diagonal rock/step back on right, rock/step back on left, step forward on right
55-57 Step forward on left, step forward on right, pivot ¼ turn left to face 6:00 wall (weight on left)
58-60 Step forward on right, step forward on left, pivot ¼ turn right transferring weight to right

WALTZ FORWARD, WALTZ BACK ¼ TURN LEFT X 3

61-66 Waltz forward left, right, left, waltz back right, left, right making ¼ turn left
67-72 Waltz forward left, right, left, waltz back right, left, right making ¼ turn left
73-78 Waltz forward left, right, left, waltz back right, left, right making ¼ turn left

REPEAT
