

Sweet Lord

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Judith Kennedy (UK)
音乐: My Sweet Lord - George Harrison



STEP FORWARD, TOUCH LEFT, CROSS, STEP BACK WITH QUARTER TURN, SHUFFLE BACK, ROCK BACK, RECOVER

1-2 Step forward onto right foot, touch left foot out to left
3-4 Step across right with left foot, turn a quarter left, stepping back onto right
5&6 Step left back, close right beside left, step left back
7-8 Rock back onto right, rock forward onto left

STEP FORWARD, BRUSH LEFT FORWARD AND ACROSS AND FORWARD, ROCK FORWARD AND BACK SHUFFLE BACK

9-10 Step forward onto right, brush left foot forward
11-12 Brush left foot back, hooking across right shin, brush left foot forward
13-14 Rock forward onto left, rock back onto right
15&16 Step back left, close right beside left, step left to left

BACK, LOCK, BACK KICK, HALF JAZZ BOX WITH QUARTER TURN LEFT, CHASSE LEFT

17-18 Step back onto right, lock left foot across right
19-20 Step back onto right, kick left diagonally left
21-22 Cross left over right, turn a quarter left, stepping back onto right
23&24 Step left to left, close right beside left, step left to left

HALF JAZZ BOX WITH TRIPLE HALF TURN RIGHT, DIPPING VINE LEFT

25-26 Cross right over left, step back onto left
27&28 Turning half a turn right, step forward onto right, close left to right, step forward onto right
(you should now be facing starting wall)
29-30 Step left to left, step right behind left, dipping knees gently
31-32 Repeat 29-30

REPEAT 9-16 BUT WITH OPPOSITE FEET I.E. STARTING ON LEFT

33-34 Step forward onto left, brush right foot forward
35-36 Brush right foot back, hooking across left shin; brush right foot forward
37-38 Rock forward onto right, rock back onto left
39&40 Step back onto right, close left beside right, step back onto right

REPEAT 17-24 BUT WITH OPPOSITE FEET, I.E. STEPPING BACK ONTO LEFT

41-42 Step back onto left, lock right foot across left
43-44 Step back onto left, kick right diagonally right
45-46 Cross right over left, turn a quarter right, stepping back onto left
47-48 Step right to right, close left beside right, step right to right

REPEAT 25-32 BUT WITH OPPOSITE FEET I.E. STARTING JAZZ BOX LEFT OVER RIGHT

49-50 Cross left over right, step back onto right
51&52 Turning half a turn left, step forward onto left, close right to left, step forward onto left (9:00)
53-54 Step right to right, step left behind right, dipping knees gently
55-56 Repeat 53-54

STEP, PIVOT, SHUFFLE, ROCK FORWARD, BACK AND COASTER

57-58 Step forward onto right, pivot half a turn left

59&60 Step forward onto right, close left beside right, step forward onto right
61-62 Rock forward onto left, rock back onto right
63&64 Step slightly back onto left, close right to left, step forward onto left

REPEAT
