Sweet Harmony

拍数: 48   墙数: 0   级数:

编舞者: Ian St. Leon (AUS)

音乐: Captured (By Love's Melody) - Rick Tippe

WALTZ FORWARD RIGHT-LEFT-RIGHT, WALTZ BACK LEFT-RIGHT-LEFT, ROCK RIGHT, ROCK LEFT, FULL TURN, SIDE, CENTER, CROSS

1-3	Step forward on right, step left together, step right in place
4-6	Step back on left, step right together, step left in place
7-9	Step right to right side, step left in place on ball of left, turn full turn right and step right so it is across left
10-12	Step left to left side, step right in place, step left across right

SIDE RIGHT, TURN ½ LEFT and LEFT TO SIDE, FORWARD ON RIGHT, ROCK LEFT, ROCK RIGHT FULL TURN, SIDE, CENTER, CROSS, SIDE LEFT, TURN ½ RIGHT AND STEP RIGHT TO SIDE, FORWARD ON LEFT

1-3	Side right, turn ½ left and step left to side, forward on right
4-6	Step left to left side, step right in place, on ball of right turn full turn left and step left so it is across right
7-9	Step right to right side, step left in place, step right across left
10-12	Side left, turn ½ right and step right to side, forward on left

TURN ¼ RIGHT and step FORWARD RIGHT, FORWARD LEFT, PIVOT ½ RIGHT, FORWARD LEFT, ROCK, FORWARD ON RIGHT, BACK ON LEFT, TURN ½ RIGHT AND STEP FORWARD ON RIGHT, FORWARD ON LEFT, TURN ½ RIGHT AND STEP FORWARD ON RIGHT, FULL SPIN FORWARD

1-3	Turn ¼ right, step forward on the right, step forward on left, pivot ½ turn right (weight on right)
4-6	Step forward on left, rock forward on right, step back on left
7-9	Turn ½ right- forward on right, forward on left, turn ½ right and step forward on right
10-12	Step forward on left, turn ½ turn left and step back on right, turn ½ turn left and step forward on left

ROCK FORWARD ON RIGHT, BACK ON LEFT, TURN ½ RIGHT and step FORWARD ON RIGHT, FORWARD ON LEFT, TURN ½ RIGHT and step FORWARD ON RIGHT, FULL SPIN FORWARD, ROCK FORWARD ON RIGHT, BACK ON LEFT, TURN ¾ RIGHT AND STEP FORWARD ON RIGHT, DRAG LEFT TOGETHER

1-3	Rock forward on right, step back on left, turn ½ right and step forward on right
4-6	Forward on left, turn ½ right and step forward on right, step forward on left
7-9	Turn ½ turn left and step back on right, turn ½ turn left and step forward on left, rock forward on right
10-12	Step back on left, turn ¾ right and step forward on right, step left to left side (take weight)

REPEAT

TAG
On walls 3 and wall 7 you only do the first 24 beats