

The Sweet Escape (Gwen's Boys)

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Adrian Lefebour (AUS), Chris Kumre (USA) & Mark Simpkin (AUS)
音乐: The Sweet Escape (feat. Akon) - Gwen Stefani



DOROTHY LEFT, & STEP, HOLD, ROLL ¼ LEFT, SNAP, BEHIND, SIDE, CROSS

- 1-2 Step left forward towards left diagonal, lock right up behind left
&3-4 Quickly step left slightly forward, step right forward, hold
Option: swing both arms out to side
5-6 Roll hips around counter to the right left then right while making ¼ turn left & snap right
(weight right)
7&8 Step left behind right, step right to right side, step left in front/across of right

POINT, POINT, BEHIND, SIDE CROSS, SIDE, DRAG, ¼ RIGHT, HOLD

- 1-2 Point right in front of left, point right out to right side
3&4 Step right behind left, step left out to left side, step right in front/across left
5-6 Big step left while dragging right towards left, touch/bring right next to left
7-8 Drop weight onto right while make ¼ turn right sharply, hold

ROCK FORWARD, ROCK BACK, STEP BACK, DRAG, ROCK BACK, ROCK FORWARD, STEP, LOCK, STEP

- 1-2 Rock left forward towards left diagonal while pushing hips forward, rock back onto right while pushing hips back
3-4 Step left back towards left diagonal, drag right towards left
5-6 Rock right back towards right diagonal while pushing hips back, rock forward onto left while pushing hips forward
7&8 Step right forward, lock left behind right, step right forward

STEP FORWARD, ¼ RIGHT, CROSS, HOLD, HIPS RIGHT, HIPS LEFT, & CROSS, ½ TURN RIGHT

- 1-2 Step left forward, rock right in place while making ¼ turn right
3-4 Cross left in front/over right, hold (option: swing both arms out to side)
5-6 Step right slightly to right while pushing hips right, swing hips to left
&7-8 Quickly step right to center, cross left over right, unwind ½ right leaving weight on right

REPEAT