

Sweet Escape

COPPER KNOB
BY STEPHEN BRETZ

拍数: 128 墙数: 2 级数: Intermediate
编舞者: Alison Carrington (UK) & The Crew (UK)
音乐: The Sweet Escape (feat. Akon) - Gwen Stefani



SLIDE RIGHT & TOUCH, HIP BUMPS, SLIDE LEFT & TOUCH, HIP BUMPS, FULL TURNS RIGHT & LEFT

- 1-2-3&4 Take a big step to right on right & slide left to right, then hip bump left & right
5-6-7&8 Take a big step to left on left & slide right to left, then hip bump right & left
9-10-11-12 Make a full turn to right on right, left, right & touch left beside right & click
13-14-15-16 Make a full turn to left on left, right, left & touch right beside left & click
17-32 Repeat tag again

STEP, BEHIND, HEEL & CROSS, STEP, TOUCH & CHASSE, TOUCH, TOUCH, SAILOR ½, TOUCH, TOUCH, SAILOR ¼

- 1-2-3&4 Step right to right, step left behind right, dig right heel forward, bring right to left & cross left over right
5-6-7&8 Step right to right, touch left beside right, step left to left, step right beside left, step left to left
9-10-11&12 Touch right forward, touch right to right side, make ½ sailor turn right on right, left, right
13-14-15&16 Touch left forward, touch left to left side, make ¼ sailor turn left on left, right, left

RIGHT KICK, BALL, CHANGE TWICE, ROCK FORWARD, BACK & SHUFFLE BACK, WALK BACK & UNWIND ¼, KICK BALL CHANGE TWICE

- 1&2-3&4 Kick right forward, step on ball of right, step on left, kick right forward, step on ball of right, step on left
5-6-7&8 Rock forward on right, rock back on left, shuffle back on right, left, right
9-10-11-12 Walk back on left, walk back right, take left behind right & unwind ¼ turn left
13&14-15&16 Kick right forward, step on ball of right, step on left, kick right forward, step on ball of right, step on left

FORWARD RIGHT, LOCK, RIGHT, LOCK RIGHT, FORWARD LEFT, LOCK, LEFT, LOCK, LEFT, STEP BACK & TOUCH & CLICK X 4

- 1-2-3&4 Step forward right, bring left behind right, step right forward, bring left behind right, step forward right
5-6-7&8 Step forward left, bring right behind left, step left forward, bring right behind left, step forward left
9-10-11-12 Step back on right & touch left to right & click, step back on left & touch right to left & click
13-14-15-16 Step back on right & touch left to right & click, step back on left & touch right to left & click

FORWARD RIGHT, LOCK, RIGHT, LOCK RIGHT, FORWARD LEFT, LOCK, LEFT, LOCK, LEFT, STEP BACK & TOUCH & CLICK X 4

- 1-2-3&4 Step forward right, bring left behind right, step right forward, bring left behind right, step forward right
5-6-7&8 Step forward left, bring right behind left, step left forward, bring right behind left, step forward left
9-10-11-12 Step back on right & touch left to right & click, step back on left & touch right to left & click
13-14-15-16 Step back on right & touch left to right & click, step back on left & touch right to left & click

TOUCH, TOUCH, CROSS SHUFFLE, 4 X HIP SWAYS, TOUCH, TOUCH, CROSS SHUFFLE, 4 X HIP SWAYS

- 1-2-3&4 Touch right toe over left, touch right toe to right side, cross shuffle to left on right, left, right
5-6-7-8 Hip sway left, right, left, right
9-10-11&12 Touch left toe over right, touch left toe to left side, cross shuffle to right on left, right, left

13-14-15-16 Hip sway right, left, right, left

KICK, CROSS, KICK, BACK & CLICK X 3 ALTERNATE, BOUNCE HEELS X 4 MAKING ½ TURN TO LEFT

1-2-3-4 Kick right forward, cross right over left & click, kick right forward, step back on right & click

5-6-7-8 Kick left forward, cross left over right & click, kick left forward, step back on left & click

9-10-11-12 Kick right forward, cross right over left & click, kick right forward, step back on right & click

13-14-15-16 Bounce on both heels x 4 as make ½ turn to left (weight on left)

REPEAT
