

Sweet Emotion

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Paul Richardson (USA)
音乐: Sweet Emotion - Aerosmith



CHARLESTON STEP, PIVOT $\frac{3}{4}$ TURN, STEP, TWISTS WITH $\frac{1}{4}$ TURN

1&2 Point right toe forward, flick right foot to side, step right foot back
3&4 Point left toe back, flick left foot to side, step left foot forward
5-6 Step right foot forward, pivot $\frac{3}{4}$ turn left
7&8 Step right foot to right side, twist both heels right, make $\frac{1}{4}$ turn right twisting both heels left

2 WALKS, ROCK, RECOVER, CROSS, ROCK, RECOVER, CROSS, HEEL JACK, STEP

1-2 Walk right forward, walk left forward
3&4 Rock right foot to right side, recover weight onto left, cross right over left
5&6& Rock left foot to left side, recover weight onto right, cross left over right, step back on right
7&8 Left heel forward, step left in place, step right foot forward

$\frac{1}{4}$ TURN, CROSS, SIDE, CROSS, SIDE CROSS, $\frac{1}{2}$ UNWIND, STEP, $\frac{1}{2}$ TURN, SIDE

1-2 Pivot $\frac{1}{4}$ turn left, cross right over left
&3&4 Step left to left side, cross right over left, step left to left side, cross right over left

Styling: alternate shoulders pops during side crosses

5-6 Unwind $\frac{1}{2}$ turn left, step right foot forward
7-8 Pivot $\frac{1}{2}$ turn left, step right foot to right side

BEHIND, SIDE, POINT, BEHIND SIDE, POINT, BODY ROLLS

1&2& Step left behind right, step right to right side, point left toe to left side, step down on left in the center of the body
3&4 Cross right over left, step left to left side, point right to right side
5-6 Side body roll right (option: two hip bump right)
7-8 Side body roll left (option: two hip bumps left)

$\frac{1}{4}$ TURN, $\frac{1}{2}$ TURN, $\frac{1}{2}$ TURN, POINT, $\frac{1}{2}$ TURN, $\frac{1}{2}$ TURN, $\frac{1}{2}$, TURN, POINT

1-2 Make $\frac{1}{4}$ turn right stepping right forward, make $\frac{1}{2}$ turn right stepping left back
3-4 Make $\frac{1}{2}$ turn right stepping right forward, point left toe forward
5-6 Make $\frac{1}{2}$ turn left stepping left forward, make $\frac{1}{2}$ turn left stepping back on right
7-8 Make $\frac{1}{2}$ turn left stepping forward on left, point right toe forward

BACK, LOCK, BACK, COASTER STEP, PIVOT $\frac{1}{2}$ TURN, $\frac{3}{4}$ UNWIND

1&2 Step back on right, lock left foot in front of right, step back on right
3&4 Step back on left, step right together, step forward on left
5-6 Step right foot forward, pivot $\frac{1}{2}$ turn left
7-8 Cross right over left, $\frac{3}{4}$ unwind to the left (weight ending on left)

REPEAT