

# Sweet Dreams

**COPPER** KNOB  
BY STEPHENETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Chris Watson (AUS) - May 2005  
音乐: Sweet Dreams My la Ex - Rachel Stevens



**Start With Weight on your Left.**

## **STEP KICK, BEHIND SIDE CROSS, STEP KICK BEHIND SIDE CROSS**

- 1-2-3&4      Step right to right side kick left out to left, step left behind right, right to right side and left across in front of right
- 5-6-7&8      Step right to right side kick left out to left, step left behind right, right to right side and left across in front of right

## **ROCK SIDE, CENTER, CROSS SHUFFLE, ¼ TURN, ¼ TURN, CROSS SHUFFLE**

- 1-2-3&4      Rock right to right side, weight back onto left, cross shuffle right over left, left to left side and right over left
- 5-6-7&8      Step left foot to left side making a ¼ turn right, step right out to right side making a ¼ turn right (making a ½ turn in total), cross shuffle left over right, right to right side and left to left side

## **ROCK SIDE, CENTER, CROSS SHUFFLE, ¼ TURN, ½ TURN, SHUFFLE FORWARD**

- 1-2-3&4      Rock right to right side, weight back onto left, cross shuffle right over left, left to left side and right over left
- 5-6-7&8      Step left foot to left side making a ¼ turn right, step right foot forward making a ½ turn right. (now facing 3:00), shuffle forward right, left, right

## **ROCK FORWARD, BACK, STEP BACK AND DRAG, BALL CHANGE AND STEP FORWARD RIGHT, WALK FORWARD LEFT, ½ PIVOT**

- 1-2-3-4      Rock forward onto right foot and back onto left, step right foot back, dragging left together
- &5-6-7-8      Ball change step left foot back and right foot forward, walk forward left, step right foot forward ½ turn pivot, taking weight onto left

## **HEEL AND HEEL AND STEP TOUCH, HEEL AND HEEL AND STEP TOUCH**

- 1&2&3-4      Right heel forward, bring right foot together and touch left heel forward, bring left foot together and step forward on right, touch left together beside right
- 5&6&7-8      Right heel forward, bring right foot together and touch left heel forward, bring left foot together and step forward on right, touch left together beside right

## **ROCK FORWARD AND BACK, ½ TURN SHUFFLE, ¼ PIVOT AND CROSS HOLD**

- 1-2-3&4      Rock forward onto right foot, back onto left foot, turning a ½ turn via your right on the 1st step of a right shuffle forward moving towards 3:00
- 5-6-7-8      Step left foot forward doing a ¼ turn to right (facing back wall) take weight onto right step left foot across in front of right and hold

## **SIDE, BEHIND AND CROSS TOUCH, HIPS**

- 1-2&3-4      Step right to right side, step left across behind right, step right to right side and left across in front of right, touch right together
- 5-6-7-8      Step right to right side swinging hips right, left, right, right

## **SIDE, BEHIND AND CROSS TOUCH, HIPS**

- 1-2&3-4      Step left to left side, step right across behind left, step left to left side and right across in front of left, touch left together
- 5-6-7-8      Step left to left side swinging hips left, right, left, left

REPEAT

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