

Sweet Dreams

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Liz Rosenblatt (USA)
音乐: Dream a Little Dream of Me - The Mamas & The Papas



When dancing to "Dream A Little Dream Of Me" by The Mamas & The Papas, after artist mentions Mama Cass, count 5,6,7,8 and begin dance

FORWARD TOUCH, SIDE TOUCH, COASTER STEP

1 Touch right foot forward
2 Touch right foot to right side
3&4 Step right foot back, step left foot back next to right, step right foot forward

SHUFFLE FORWARD, WALK FORWARD

5&6 Shuffle forward left, right, left
7-8 Walk forward right, left

CROSS STEP, SAILOR STEP

9 Cross right foot over left
10 Step left foot to left side
11&12 Cross right foot behind left, step left to left side, step right to right side

¼ TURN RIGHT, SHUFFLE LEFT, RIGHT, LEFT, ½ TURN

13&14 Turning ¼ turn to right, shuffle left, right, left
15 Step right foot forward
16 Turn ½ turn left, weight on left foot

FORWARD BUMPS, CENTER, BACK, CENTER, HIP BUMPS

17-18 Step right foot forward to right corner, bump hips
19-20 Replace weight on left, bump hips
21-22 Step right foot back to right corner, bump hips
23-24 Replace weight on left, bump hips

FORWARD, RECOVER, SHUFFLE ½ TURN

25-26 Step right foot forward, recover left foot back
27-28 Shuffle ½ turn right(right, left, right)

CROSS, UNWIND

29 Cross left foot over right
30-32 Heel bounces 3 times, turning ½ turn right

REPEAT
