

Sweet & Sour

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Daniel Whittaker (UK)
音乐: Witchqueen of Eldorado - Modern Talking



ROCK STEP, BACK LOCK STEP, ROCK STEP, SAILOR ¼ TURN RIGHT

1-2 Rock left foot forward, recover back on right
3&4 Step left back, cross right over right, step left back
5-6 Rock right out to right side, recover weight on left
7&8 Step right behind left, step left in place, step right foot forward making ¼ turn right

WALK FORWARD LEFT, RIGHT, STEP FULL TURN, SAILOR ¼ TURN, ROCK STEP

1-2 Walk forward left right
3&4 Step forward left, make ½ turn right, make a further ½ turn right stepping back left
5&6 Step right behind left, step left in place, step right foot forward making ¼ turn right
7-8 Rock forward right, recover weight on left (facing 6:00)

COASTER CROSS, SYNCOPATED GRAPEVINE, SAILOR ¼ TURN LEFT

1&2 Step left foot back, step right beside left, cross left in front of right
3-4 Step right to right side, step left behind right
&5-6 Step right to side, cross left in front of right, step right to side
7&8 Step left behind right, step right in place, step left foot forward making ¼ turn left

TOUCH FRONT SIDE, COASTER STEP, STEP FULL TURN SHUFFLE

1-2 Touch right toe in front, touch right toe to right side
3&4 Step right foot back, step left beside right, step forward right
5-6 Step left foot forward, make ½ turn left stepping back right
7&8 Shuffle step ½ turn left stepping left, right, left (facing 3:00)

ROCK STEP, STEP BACK SHIMMY, STEP BACK SHIMMY, SHUFFLE ½ TURN

1-2 Rock right foot forward, recover weight back on left
3-4 Step back on right and shimmy shoulders (or bounce)
5-6 Step back on left and shimmy shoulders (or bounce)
7&8 Make ½ turn right stepping right, left, right (facing 9:00)

HEEL BALL STEP ½ TURN, STEP ¼ TURN, BEHIND SIDE, ROCK & SIDE

1&2 Touch left heel forward, step left beside right, step right foot forward
3 Make ½ turn left
4 Make a ¼ turn left and step right to right side (facing 12:00)
5-6 Step left behind right, step right to side
7&8 Rock left in front of right, recover weight on right, step left to left side

HEEL & HEEL ½ TURN, HEEL & HEEL ¼ TURN

1&2 Touch right heel forward, switch, touch left heel forward
&3-4 Step left beside right, step forward right, make ½ turn left
5&6 Touch right heel forward, switch, touch left heel forward
&7-8 Step left beside right, step forward right, make ¼ turn left (facing 3:00)

SHUFFLE ROCK WALK BACK ROCK

1&2 Step right forward, close left to right, step right forward
3-4 Rock left forward, recover weight on right

5-6 Walk back left, right (or skip back)
7-8 Rock left back, recover forward on right (facing 3:00)

REPEAT

TAG

At the end of count 32 during the 5th wall

1-4 Step right out, hold, step left out, hold

Then restart the dance from the beginning (you will need to shift weight on right ready to start dance). As you step out, you can optionally do hand movements like a wax on wax off movement
