# Sweet & Easy Cha



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音乐: Sweet & Easy, Soft & Slow - Charley McClain



## ROLL TO RIGHT (TURN - TURN) - SIDE SHUFFLE TO RIGHT - WALK WALK - SHUFFLE FORWARD

1-2 Turning ¼ right step right to right foot forward, turning ½ to right step back onto left foot

3&4 Turning ½ right shuffle to right side on right foot (right-left-right)

5-6 Walk forward on left, walk forward on right 7&8 Shuffle forward on left foot (left-right-left)

# CROSS ROCK - CHA-CHA-CHA (TRIPLE) - CROSS ROCK - CHA-CHA-CHA

1-2 Cross/step right over left to left corner, recover onto left foot

3&4 Step right foot to right side, step left next to right, step right in place. (using hips)

5-6 Cross/step left over right to right corner, recover onto right foot

7&8 Step left to left side, step right next to left, step left in place (using hips)

# ROCK FORWARD BACK - & BACK - WALK WALK - TOUCH TURN TOUCH

1-2&3 Step/rock forward on right, recover onto left, step right next to left (&), step back on left

4-5 Walk back onto right foot, walk back onto left foot

6-7-8 Touch right foot to right side, turning ¼ right bring right foot in next to left, touch left foot out to

left side

#### CROSS SWEEP - CROSS SWEEP - CROSS SIDE - CROSS SCUFF

1-2 Step left across in front of right, sweep right foot around to front 3-4 Step right across in front of left, sweep left foot around to front

Alternative for the above 4 counts - cross left over right, touch right to right side, cross right over left, touch left to left

5-6-7-8 Step left across right, step right to right side, step left across right, scuff right foot forward and

out towards right

#### **REPEAT**

#### **TAG**

#### After the 2nd wall

## 4 MONTEREY TURNS WITH A 1/4 TURN EACH TIME

1-4 Touch right foot to right, turning ¼ to right bring right foot next to left, touch left foot to left,

close left to left

5-16 Repeat the above 4 counts three more times