

# Sweet And Easy (P)

COPPERKNOB  
STEPSHEETS

拍数: 48      墙数: 0      级数: Partner  
编舞者: Larry Boezeman (USA)  
音乐: Think It Over - The Tractors



Position: Sweetheart

## FORWARD SHUFFLES

1&2      Shuffle forward left, right, left  
3&4      Shuffle forward right, left, right

## STEP, TOUCH, STEP BACK, HITCH

5-8      Step forward on left, touch right toe behind left foot, step back on right foot, hitch left leg

## LEFT STROLL, SCUFF RIGHT WITH ¼ TURN LEFT

9-12      Step forward on left foot at 45 degree angle to left, slide right foot up & behind the left foot, step forward on left foot at 45 degree angle to left, scuff right foot with a ¼ turn to left

**Man: drop left hand on turn & bring right hand over lady's head**

## RIGHT GRAPEVINE, LEFT SCUFF

13-16      **MAN:** Step right foot to right side, step left foot behind right foot, step right foot to left side, scuff left foot  
**LADY:** Do a right grapevine almost in place, move up to man's left side on grapevine, scuff left foot

## CHARLESTON STEP

17-20      Step forward on left foot, kick right foot forward, step back on right foot, touch left toe straight back

## LADIES 1 ¼ WALKING TURN, MAN'S ¼ WALKING TURN

21-24      **MAN:** Step left foot to left side, step right foot next to left, step left with left foot while doing a ¼ turn to left, scuff right foot  
**LADY:** Starting with left foot, do a 1 ¼ walking turn to left in place, scuff right foot. Lady is now on man's left side

**Hand holds: during turn bring right hands over man's head to man's right shoulder. Left hands follow thru on turn & end up in front of lady**

**You are both facing RLOD**

## FORWARD SHUFFLES

25&26      Shuffle forward right, left, right  
27&28      Shuffle forward left, right, left

## ½ WALKING TURN

29-32      **MAN:** Step right, left, right, while doing a ½ turn to left in place, scuff left foot  
**LADY:** Step right, left, right while doing a ½ turn to right in place, scuff left foot

**Hand holds: while turning, right hands go over man's head, then over lady's right shoulder ending up in sweetheart position**

## STEP, TURN ¼, SCUFF

33-34      Step forward on left foot turning ¼ to left, scuff right foot  
**Drop left hands, bring right hand over lady's shoulder**  
35-36      Step forward on right foot turning ¼ to left, scuff left foot  
**Drop right hands, rejoin left side by side**

37-38 Step forward on left foot turning  $\frac{1}{4}$  to left, scuff right foot

**Rejoin right hands**

39-40 Step forward on right foot turning  $\frac{1}{4}$  to left, scuff left foot

**Bring right hands to lady's right shoulder**

**LINDY**

41&42 Shuffle to the left side, left, right, left

43-44 Rock back on right foot, recover forward on left

45&46 Shuffle to the right side, right, left right

47-48 Rock back on left foot, recover forward on right

**REPEAT**

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