

Sweep Her Off Her Feet (P)

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 0 级数: Partner
编舞者: Stu McGlary & Ann Helmore (UK)
音乐: Like She's Not Yours - The Bellamy Brothers



Position: Closed Western position (Man facing OLOD). Man's steps listed, Lady on opposite footwork throughout except where indicated

STEP, SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE ¼ TURN

1 Step forward on right
2&3 Side shuffle to left stepping left, right, left
4-5 Cross rock right over left, recover weight onto left
6&7 Side shuffle to right turning ¼ turn right stepping right, left, right (facing RLOD)

Open to Promenade holding inside hands

ROCK STEP (LADY PIVOTS) SHUFFLE ½ TURN, FULL FREE TURN, SHUFFLE FORWARD

8-9 **MAN:** Rock forward on left foot, recover weight onto right
 LADY: Step right forward, pivot ½ turn left (facing LOD weight on left)

Inside hands go over lady's head

10&11 **MAN:** Shuffle ½ turn to left to face LOD stepping left, right, left (release hands)
 LADY: Shuffle forward stepping right, left, right

12-13 Turn full turn to left stepping right, left
14&15 Shuffle forward stepping right, left, right

Lady's left hand on man's right shoulder, man's right hand on lady's waist

PIVOT ¼ TURN, REVERSE PINWHEEL TURN

16-17 Step left forward, pivot ¼ turn to right (briefly touch leading hands)
18&19 **MAN:** Triple step in place stepping left, right, left to face OLOD
 LADY: Triple step ½ turn to right stepping right, left, right to face OLOD (lady on man's right side)
20-21 **MAN:** Step forward on right ¼ turn to right, step forward on left turning ¼ turn right to face ILOD
 LADY: Step back on left ¼ turn to right, step back on right turning ¼ turn right
22&23 **MAN:** Triple step in place turning ¼ turn to right to face LOD, stepping right, left, right
 LADY: Triple step back turning ¼ turn to right to face LOD, stepping left, right, left

ROCK, RECOVER, SHUFFLE ½ TURN, ROCK RECOVER, SHUFFLE WITH ¼ TURN

24-25 Rock step left to left side, recover weight onto right
26&27 Shuffle forward turning ½ turn to right, stepping left, right, left
Lady now on man's left, right hand on man's left shoulder, man's left arm round lady's waist
28-29 Rock back on right, recover weight onto left
30&31 Shuffle forward turning ¼ turn to left stepping right, left, right

ROCK BACK, RECOVER, REVERSE PINWHEEL TURN

32-33 Rock back on left, recover weight onto right
34-39 Repeat steps 18-23
Lady's left hand on man's right shoulder, man's right arm round lady's waist

ROCK, RECOVER, SHUFFLE ½ TURN, ROCK RECOVER, SHUFFLE WITH ¼ TURN, STEP

40-47 Repeat steps 24-31
48 **MAN:** Step left next to right
 LADY: Step right next to left (regain Closed Western hold)

REPEAT
