

Sway With Me!

拍数: 64 墙数: 3 级数: Intermediate
编舞者: Patty Hui Hua Wu (TW)
音乐: Sway - The Pussycat Dolls



CROSS, SIDE, BEHIND, RONDE, BEHIND, SIDE, CROSS, RONDE

- 1-2 Cross step right over left, step left to left side
- 3-4 Step right behind left, ronde? Left leg from front to back (on count 4)
- 5-6 Step left behind right, step right to right side
- 7-8 Cross step left over right, ronde? Right leg from back to front (on count 8)

ROCK, RECOVER, ½ TURN RIGHT SHUFFLE, STEP, ½ TURN LEFT, LOCK BACK

- 1-2 Rock forward on right, recover on left
- 3&4 Turning ½ turn right step forward right, left, right
- 5-6 Step forward on left, make ½ turn to left stepping back on right
- 7&8 Step back on left, lock right across left, step back on left

BACK ROCK, RECOVER, CHASSE, CROSS, BACK, CHASSE ¼ TURN LEFT

- 1-2 Rock back on right popping left knee forward, recover on left
- 3&4 Step right to right side, close left beside right, step right to right side
- 5-6 Cross step left over right, step back on right
- 7&8 Step left to left side, close right beside left, turn ¼ turn left stepping forward on left

TOUCH, TOUCH, RIGHT SAILOR, TOUCH, SWEEP ¼ TURN LEFT, LEFT SAILOR

- 1-2 Touch right toe forward, touch right toe to right side
- 3&4 Cross step right behind left, step left to left side, step right to right side
- 5-6 Touch left toe forward, sweep left from front to back and make ¼ turn left
- 7&8 Cross step left behind right, step right to right side, step left to left side

Restart here on wall 3

CROSS ROCK, RECOVER, ¼ TURN RIGHT SHUFFLE, ROCK, RECOVER, CHASSE

- 1-2 Cross rock right over left, recover on left
- 3&4 Step forward on right make ¼ turn right, close left beside right, step forward on right
- 5-6 Rock forward on left, recover on right
- 7&8 Step left to left side, close right beside left, step left to left side

Restart here on wall 5

CROSS ROCK, RECOVER, LOCK STEP, WALK, WALK, LOCK STEP

- 1-2 Cross rock right over left, recover on left
- 3&4 Step forward on right forward make ¼ turn right, lock left behind right, step right forward
- 5-6 Walk forward with style left, right
- 7&8 Step forward on left, lock right behind left, step forward on left

STEP, PIVOT ½ LEFT, SHUFFLE FORWARD, STEP, PIVOT ½ RIGHT, SHUFFLE FORWARD

- 1-2 Step forward on right, pivot ½ turn left
- 3&4 Step forward on right, close left beside right, step forward on right
- 5-6 Step forward on left, pivot ½ turn right
- 7&8 Step forward on left, close right beside left, step forward on left

CROSS, BACK, STEP ¼ TURN RIGHT, HOLD, STEP, HOLD, SWAY, SWAY

- 1-2 Cross step right over left, left step back
- 3-4 Step right to right side with ¼ turn right swaying hips right, hold

5-6 Step left to left side swaying hips left, hold
7-8 Step right to right side swaying hips right, step left to left side swaying hips left

REPEAT

RESTART

On wall 3 dance to count 32, then restart

On wall 5, dance to count 40, then restart

Both restarts facing 12:00

ENDING

Dance to count 32, right sailor and then step left to left side swaying hips left
