

Sway With Me

COPPER KNOB
STEPSHEETS

拍数: 28 墙数: 4 级数: Intermediate
编舞者: Michael Haigh (UK)
音乐: Mucho Mambo (Sway) - Shaft



Be careful with the intro. It's misleading! Wait for drums & voice intro. Then count 4x8's. Start first step after first 32 counts

ROCK, ROCK, SHUFFLE, STEP ½ PIVOT, SHUFFLE

1-2 Rock back on right, step forward on left
3&4 Shuffle forward on right
5-6 Step forward on left, pivot over right shoulder to make ½ turn
7&8 Shuffle forward on left

MAMBO FORWARD, MAMBO BACK

9&10 Step forward on right & rock weight back on left, step right next to left
11&12 Step back on left & rock forward on right, step left next to right

ROCK, ROCK CROSS AND CROSS TWICE (USE YOUR HIPS TO SWAY WITH STYLE)

13-14 Rock to right side recover weight on left
15&16 Cross right over left, step left to left side, cross right over left
17-18 Rock left to left side, recover weight on to right
19&20 Cross left over right, step right to right side, cross left over right

KICK, KICK, COASTER CROSS, ROCK STEP ¼ RIGHT, SHUFFLE

21-22 Kick right in front, swing round to right side
23&24 Rock back on right, quickly step left to side of right, cross right over left
25-26 Rock back onto left making ¼ turn right, step forward on to right
27&28 Shuffle forward on left

REPEAT