

# Sway Me

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Lisa Johns-Grose (USA)  
音乐: Sway - The Pussycat Dolls



## SWAY-SWAY-SWAY-SHUFFLE LEFT SIDE-CROSS ROCK-RECOVER-RIGHT ¼ COASTER

1-2-3      Step right to right, rock back on left, recover forward on right  
4&5      Step left to left, step right next to left, step left to left  
6-7      Cross rock right over left, recover back left  
8&1      Sweep right around stepping back making ¼ turn right, step left back next to right, step forward on right

## WALK-WALK-SIDE ROCK CROSS-SWAY-SWAY-SHUFFLE ¼ TURN RIGHT

2-3      Walk forward on left, walk forward on right  
4&5      Rock left to left side, recover on right, step left across right  
6-7      Sway hips right while stepping ¼ right, sway left  
8&1      Shuffle to right side making ¼ turn right

## ROCK-RECOVER-BACK LOCK BACK-SWAY ¼ RIGHT-SWAY LEFT-RIGHT SCISSORS

2-3      Rock forward on left, recover back on right  
4&5      Step back on left, step back on right across left, step back on left  
6-7      Sway hips right, sway left  
8&1      Step right to right, step left next to right, step right across left

## SIDE ROCK- RECOVER-CROSSOVER SHUFFLE-STEP-DRAG-STEP-TOUCH

2-3      Rock left to left side, recover on right  
4&5      Crossing left over right shuffle left, right, left  
6-7      Step right diagonally forward, drag left to meet right  
8&      Step back diagonally on left, touch right next to left

## REPEAT

## TAG

After the 8th wall

## FORWARD STEPS WITH KNEE ROLLS

1-2      Stepping forward on right, roll right knee in a half circle to right  
3-4      Stepping forward on left, roll left knee in a half circle to left  
5-6      Stepping forward on right, roll right knee in a half circle to right  
7-8      Stepping forward on left, roll left knee in a half circle to left

Then begin the dance again