Swamped

拍数: 32

级数: Beginner

编舞者: Anita McNab (CAN)

音乐: Raised On Swamp Pop Music - Willie Tee

STEP RIGHT FORWARD ON DIAGONAL, SLIDE LEFT BESIDE, STEP RIGHT FORWARD, TOUCH LEFT BESIDE

1-2 Step forward on right (on diagonal to corner), slide left beside right (putting weight on left)

3-4 Step forward on right again (on diagonal to corner), touch left beside right

STEP ON LEFT, TOUCH RIGHT BESIDE, STEP ON RIGHT, KICK LEFT FORWARD

5-8 Step on left, touch right beside, step on right, kick left forward

STEP BACK LEFT ON DIAGONAL, SLIDE RIGHT BESIDE, STEP LEFT BACK, TOUCH RIGHT BESIDE

- 9-10 Step back on left (on diagonal to corner), slide right beside left (putting weight on right)
- 11-12 Step back on left again, (on diagonal to corner), touch right beside left

STEP ON RIGHT, TOUCH LEFT BESIDE, STEP ON LEFT, KICK RIGHT FORWARD

13-16 Step on right, touch left beside, step on left, kick right forward

GRAPEVINE RIGHT WITH 1/4 TURN TO RIGHT, 2 HIPS LEFT, 2 HIPS RIGHT

- 17-20 Step right side right, cross left behind right, step right ¼ turn to right, touch left beside right
- 21&22 Bump hips twice to left
- 23&24 Bump hips twice to right

GRAPEVINE LEFT, 2 HIPS RIGHT, 2 HIPS LEFT

- 25-28 Step left side left, cross right behind left, step left to left, touch right beside left
- 29&30 Bump hips twice to right
- 31&32 Bump hips twice to left

REPEAT





墙数:4