Swamp Thing



拍数: 64 墙数: 4 级数: Intermediate

编舞者: Stuart Robertson (NZ) 音乐: Swamp Thing - The Grid



JUMP APART, JUMP-CROSS, UNWIND 1/2, TOGETHER

1 Jump feet apart

2 Jump together crossing the right foot over the left 3 On balls of both feet, unwind to the left ½ turn

4 Close the left foot beside the right

MARCH FORWARD THREE, TOGETHER

Step forward right
Step forward left
Step forward right

8 Close the left beside the right (a military style march, or a touch of attitude)

JUMP APART, JUMP-CROSS, UNWIND 1/2, TOGETHER

9 Jump feet apart

Jump together crossing the right foot over the left
On balls of both feet, unwind to the left ½ turn

12 Close the left foot beside the right

MARCH FORWARD THREE, TOGETHER

Step forward right
Step forward left
Step forward right

16 Close the left beside the right (a military style march, or a touch of attitude)

STOMP, FANS, STOMP, FANS

17 Stomp right foot in front, toe pointing to the left (with right hand on right knee)

Fan right foot right
Fan right foot left

20 Fan right foot right (change weight from right to left with a jump)

21 Stomp left foot in front, toe pointing to the right (with left hand on left knee)

Fan left foot left
Fan left foot right
Fan left foot left

SIDE, SLAP, SIDE, SLAP

25 Step to the left

26 Slap right heel behind left knee with left hand

27 Step to the right

28 Slap left heel behind right knee with right hand

STOMPS APART, THIGH SLAPS

29 Stomp left to the left

30 Stomp right to the right (feet should be slightly apart)

While lifting left knee, slap right thigh with right hand outward
Slap right thigh towards the left (yelling "yeehaa" on 31 and 32)

SIDE, TOGETHER, HEEL SPLITS

33 Step to the right
34 Step left close to right
35 Split heels apart
36 Bring heels together

SIDE, TOGETHER, HEEL SPLITS

33 Step to the left

34 Step right close to left
35 Split heels apart
36 Bring heels together

GRAPEVINE RIGHT, HITCH, WITH SLAPS AND CLAP

Step right on right foot (slap the palms of both hands across respective thighs in an outward

direction)

42 Cross left foot behind right foot (slap hands back in together)

43 Step right on right foot and clap

44 Hitch left foot and clap

GRAPEVINE LEFT, HITCH, WITH SLAPS AND CLAPS

45 Step left on left foot (slap the palms of both hands across respective thighs in an outward

direction)

46 Cross right foot behind left foot (slap hands back in together)

47 Step left on left foot and clap

48 Hitch right foot beside left foot and clap

DIAGONAL BACK, TOGETHER, DIAGONAL BACK, TOGETHER

Step back on the right at 45 degrees
Step together with the left and clap
Step back on the left at 45 degrees
Step together with the right and clap

DIAGONAL BACK, TOGETHER, DIAGONAL BACK, CROSS

53 Step back on the right at 45 degrees 54 Step together with left and clap 55 Step back on the left at 45 degrees 56 Step right back behind left and clap

SLIDE, LOCK, SLIDE, SCUFF

57 Slide forward on the left 58 Lock right foot up behind left

59 Slide left foot forward 60 Scuff right foot forward

JAZZ BOX WITH 1/4 TURN

61 Cross right over left turning ¼ left

62 Step back onto left 63 Step right to side 64 Close left to right

REPEAT