

# Swamp Stomp

拍数: 48      墙数: 0      级数:  
编舞者: Sheila Base (UK) & Janice Jones (UK)  
音乐: Swamp Stomp - Country FM



- 1            Jump left foot back, right foot forward
- 2            Jump feet together
- 3            Jump left foot back, right foot forward
- 4            Jump feet together
- 5            Jump feet apart (right foot right, left foot left)
- 6            Jump crossing right foot in front of left
- 7            Unwind making ½ turn left
- 8            Clap
  
- 9-16        Repeat steps 1-8
  
- 17          Right foot step right
- &          Left foot step beside right
- 18          Right foot step right
- &          Left foot beside right
- 19          Right foot step right
- 20          Left foot touch next to right & clap
- 21-24       Repeat steps 17-20
  
- 25          Right foot kick right
- 26          Right foot touch beside left
- 27&28       Right foot kick right twice
- &29        Step on ball of right foot, lift and replace left(right ball change)
- 30          Stomp right foot
- 31&32       Stomp left foot twice
  
- 33          Left foot kick left
- 34          Left foot touch beside right
- 35&36       Left foot kick left twice
- &37        Step on ball of left foot, lift and replace right foot
- 38          Stomp left foot
- 39&40       Stomp right foot twice
  
- 41          Slap right thigh with right hand
- 42          Slap left thigh with left hand
- 43          Step forward on right foot
- 44          Step forward on left foot
- 45          Step forward on right foot
- 46          ½ pivot turn left
- 47          Stomp right foot
- 48          Stomp left foot

**REPEAT**