

The Suzy-Drew

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数:
编舞者: Regina Waldron (USA)
音乐: Man! I Feel Like a Woman! - Shania Twain



OUT-OUT-IN-IN, HOLDS WITH CLAPS, SYNCOPATED STEPS BACK, HOLDS WITH CLAPS

& Step to the left on left foot
1 Step right foot about shoulder width apart from left
2 Hold and clap hands
& Step left foot to home
3 Step right foot next to left
4 Hold and clap hands
& Step back on right foot
5 Step back on left foot
6 Hold and clap hands
&7-8 Repeat counts &5-6

FORWARD TOE WALK, KICKS, TOE TOUCH

9 Step forward in front of left foot on right foot with toe turned inward
10 Step forward in front of right foot on left foot with toe turned inward
11-12 Repeat counts 9 and 10
13 Kick right foot forward and diagonally to the left across left leg
14 Step right foot next to left
15 Kick left foot forward and diagonally to the right across right leg
16 Touch left toe next to right foot

ROLLING TURNS, TOE TOUCHES

17 Step to the left on left foot and begin a full rolling turn to the left traveling to the left
18 Step on right foot and continue full rolling turn to the left
19 Step on left foot and complete full rolling turn to the left
20 Touch right toe next to left foot
21 Step to the right on right foot and begin a full rolling turn to the right traveling to the right
22 Step on left foot and continue full rolling turn to the right
23 Step on right foot and complete full rolling turn to the right
24 Touch left toe next to right foot

LOCK STEP, STEP, PIVOT & SCUFF, ROCK STEPS, COASTER

25 Step forward on left foot
26 Slide right foot up next to other side of left heel and step
27 Step forward on left foot
28 Scuff right foot forward
& Pivot ½ turn to the left on ball of left foot
29 Step forward on right foot
30 Rock back onto left foot
31 Step back on right foot
& Step left foot next to right
32 Step forward on right foot

REPEAT