

Surrender

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Pam Dailey (USA)
音乐: Groove With Me Tonight (Pablo Flores Spanglish Radio Mix) - MDO



PREP STEP, ROCK, RECOVER, LEFT SIDE SHUFFLE, ROCK STEP, ½ TURN RIGHT SHUFFLE

1-3 Step right to right side, rock forward on left, recover on right
4&5 Left side shuffle: by stepping left to left then stepping on right then on left
6-7 Rock back on right, recover forward on left
8&1 Make a ½ turn to right while executing a right, left, right shuffle (6:00 wall)

ROCK, RECOVER, SHUFFLE LOCK STEP BACK, ROCK, RECOVER, RIGHT SAILOR STEP WITH ¼ TURN RIGHT

2-3 Rock forward on left, recover back on right
4&5 Shuffle lock by stepping back on left, cross right over left, step on left
6-7 Rock back on right, recover on left
8&1 Step right behind left, step on left, step on right making ¼ turn right (9:00 wall)

FULL TURN, LEFT SHUFFLE, SIDE ROCK, CROSS SHUFFLE WITH ¼ TURN

2-3 Step forward on left making a ½ turn to right, step back on right making ½ turn to right (back facing 9:00 wall)
4&5 Left shuffle stepping left forward slightly, step right in place, step on left to left
6-7 Rock step right to right, recover left
8&1 Cross right over left, step left, step right turning body slightly a ¼ turn left

FORWARD ROCK WITH ¼ TURN CROSS BEHIND, IN FRONT SHUFFLE, STEP HIP ROLLS

2-3 Step left forward recover on right making a slight ¼ turn back to right (back to 9:00 wall)
4&5 Cross left behind right, step right, cross left in front of right
6-7 Step to right on right and roll right hip to right, then to left
8& Roll hip to right and back to left

REPEAT
