

Surreal

拍数: 32 墙数: 4 级数: Improver
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音乐: Family Affair - Mary J. Blige



TOE TOUCHES, STEP, ¼ TURN, TOE TOUCH, SHUFFLE, SCUFF ½ TURN

1&2 Touch right toe to front, to right side, behind left
3-4 Step right to right, make a ¼ turn to the left while touching left toe in to right
5&6 Shuffle forward left, right, left
7&8 Scuff right forward while doing a ¼ turn to the left, scuff right back while doing a ¼ turn to the left, step back on right

BUMPS, TOUCH, BACK AND BACK, STEP, ½ TURN SWEEP

1&2 Bump hips left, right, left, while transferring weight to the left foot
3-4 Touch right forward, step back on right
&5-6 Step left back to right, step back on right, touch left to right
7-8 Step forward on left, sweep right foot around making a ½ turn to the left

SHUFFLE, ROCK, HITCH ¼, HITCH ½

1&2 Shuffle back right, left, rock back on right
3-4 Step forward on left, hitch right foot up making a ¼ turn to the left
5-6 Rock down on right, recover left
7-8 Hitch right foot up while making a ½ turn to the left, step down on right

SYNCOPATION, TOUCH, SHUFFLE, FULL TURN

1&2 Step left behind right, step right to side, step left in front of right
3-4 Step right to side, touch left to right
5&6 While doing a ¼ turn to the left shuffle forward left, right, left
7-8 Step forward on right while making ½ turn to the left, step back on left while making ½ turn to the left

REPEAT
