

Sure Bet

拍数: 40 墙数: 4 级数: Improver
编舞者: Lisa Waters (UK)
音乐: Little Chapel - Heather Myles & Dwight Yoakam



CROSS ROCK, RIGHT CHASSE, CROSS ROCK, LEFT CHASSE

1-2 Cross rock right over left, recover onto left
3&4 Step right to right side, close left beside right, step right to right side
5-6 Cross rock left over right, recover onto right
7&8 Step left to left side, close right beside left, step left to left side

RIGHT SWEEP, RIGHT SAILOR STEP, LEFT SWEEP, LEFT SAILOR STEP

1-2 Touch right foot forward, sweep round while making a $\frac{1}{4}$ turn to the right
3&4 Cross right behind left, step left to left side, step right in place
5-6 Touch left foot forward, sweep round while making a $\frac{1}{4}$ turn to the left
7&8 Cross left behind right, step right to right side, step left in place

FORWARD ROCK, RIGHT COASTER STEP, FORWARD ROCK, $\frac{1}{2}$ TURN SHUFFLE

1-2 Rock forward onto right, recover onto left
3&4 Step right back, step left beside right, step right forward
5-6 Rock forward onto left, recover onto right
7&8 Shuffle step $\frac{1}{2}$ turn left, stepping - left, right, left

RIGHT LOCK STEP, LEFT LOCK STEP, RIGHT GRAPEVINE, HEEL JACK

1&2 Step right forward, lock left behind right, step right forward
3&4 Step left forward, lock right behind left, step left forward
5-6 Step right to right side, step left behind right
&7 Step right to right side, touch left heel forward
&8 Step left next to right, cross right over left

LEFT GRAPEVINE, HEEL JACK, JAZZ BOX $\frac{1}{4}$ TURN, HIP SWAYS

1-2 Step left to left side, step right behind left
&3 Step left to left side, touch right heel forward
& Step right next to left
4-5 Cross left over right, step right back making a $\frac{1}{4}$ turn left
6 Step left to left side while swaying hips to the left
7-8 Sway hips right and left. (weight ends on left)

REPEAT
