

Superstar

拍数: 32 墙数: 2 级数: Advanced
编舞者: Joachim Armbruster (DE)
音乐: Superstar - Jamelia



KICK & SIDE ROCK, KICK & MJ-KICK, KICK & TOUCH, BACK-TOGETHER, ¼ TURN RIGHT

- 1& Kick right foot forward, step right next to left
2& Step left to left side, recover weight back onto right foot
3 Kick left foot forward
&4 Quickly step left foot next to right and hitch right knee at the same time (bring the right ankle slightly to the right), bring right ankle in front of your left thigh
5&6 Kick right foot forward, step right foot forward, point left foot forward
7&8 Step back on left, touch right foot next to left, turn ¼ right on left (it's your right foot that'll push to the ground, that's going to make you turn)

COASTER HEEL & TOUCH, WALK-WALK, ½ TURN LEFT INTO OFFSET HEEL LIFTS, COASTER STEP

- 1&2 Step back on right, step left next to right, touch right heel forward
&3-4 Touch left to next to right, step forward on right, step forward on left
5&6 Step forward on right, turn left foot on ball ½ left (you'll look like Charlie Chaplin), turn right foot on ball ½ left

"The movement of the counts &6 will turn you ½ to left"

- 7&8 Step left foot back, step right next to left, step left foot forward

¼ LEFT STEP SIDE, KICK AWAY, CROSS, MAMBO STEP, ½ TURN LEFT INTO RUNNING MEN WITH HEELS

- & Turn ¼ left and step to the right
1-2 Step left next to right and bring right leg out to right side, as you reach the furthest point lift right leg leading it back in front of your body (1), cross right in front of left
3&4 Step left to left side, recover weight back onto right foot, step left next to right
5 Turn 1/8 to left and scoot back on left as you touch right heel forward
& Turn 1/8 to left and step right together as you lift left foot
6 Scoot back on right as you touch left heel forward
& Turn 1/8 to left and step left together as you lift right foot
7 Scoot back on left as you touch right heel forward
& Turn 1/8 to left and step right together as you lift left foot
8 Scoot back on right as you touch left heel forward

1/8 TURN LEFT, 1/8 TURN LEFT & STEP FORWARD, STEP BACK & SWEEP ¾ TURN RIGHT, SAILOR STEP, POINTS TWICE, CROSS BEHIND & FULL TURN LEFT, HOLD WITH CLAPS

- & Turn 1/8 to left and step left together as you lift right foot
1 Turn 1/8 to left and step forward on right
2 Step forward on left and turn ¾ right as you sweep right foot back
3&4 Cross right behind left, step left to left side, step right back to right side
5-6 Cross point forward on left toe, point left to left side
7 Cross left behind and turn full turn (1/1) left, weight remains on left foot after the turn
&8 Hold and clap twice

REPEAT