

# Super Massive

拍数: 64      墙数: 4      级数: Improver social cha  
编舞者: Sara Coleman (UK)  
音乐: Supermassive Black Hole - Muse



## RIGHT LOCK, RIGHT LOCK STEP, LEFT LOCK, LEFT LOCK STEP

1-2      Step right foot forward & to right diagonal, lock left behind right  
3&4      Step right diagonal, lock left behind right, step right  
5-6      Step left forward & to left diagonal, lock right behind left  
7-8      Step left diagonal, lock right behind left, step left

## LEFT TURN POINT, CROSS POINT, CROSS POINT, LEFT ROCK RECOVER

1-2      Cross right over left and half turn left, placing weight on right, point left to left side  
3-4      Step left in front of right, point right to right side  
5-6      Step right in front of left, point left to left side  
7-8      Rock forward on to left, recover back on to right

## LEFT BACK LOCK, BACK LOCK STEP, RIGHT BEHIND ½R UNWIND, RIGHT ¼ TURN SIDE ROCK RECOVER

1-2      Step left straight back, cross and step right in front of left  
3&4      Step left back, lock right over left, step left back  
5-6      Point right behind left and unwind ½ turn over right shoulder(weight on right)  
7-8      Turn a ¼ right rocking on to left and recovering on to right

## LEFT CROSS HOLD, AND CROSS SIDE, LEFT BEHIND, RIGHT SWEEP RIGHT STEP BEHIND, LEFT ¼ TURN LEFT

1-2      Cross left over right and hold(weight on left)  
&3-4      Light step on to right, and step left in front of right, step right to right side  
5-6      Step left behind right, sweep right round from front to back  
7-8      Step right down behind left, ¼ turn left stepping forward on to left

## LEFT ½ TURN ½ TURN, RIGHT SHUFFLE STEP LEFT ROCK RECOVER, LEFT BACK RIGHT SLIDE/HITCH

1-2      ½ turn over left shoulder stepping back on right, ½ turn over left shoulder stepping forward on left (or walk forward right left)  
3&4      Right step forward, step left next to right, right step forward  
5-6      Rock forward on left, rock back on right  
7-8      Long step back on left, slide the right back into a hitch and beginning to turn over right shoulder

## ½ RIGHT TURN TOGETHER, RIGHT SHUFFLE FORWARD, LEFT ROCK RECOVER, BACK ¼ RIGHT TURN

&1-2      ½ turn and step forward on to right, step left next to right  
3&4      Step forward on to right, step left next to right, step right forward  
5-6      Rock forward on left, rock back on right  
7-8      Step left back, ¼ turn right stepping right to right side

## LEFT CROSS TAP & HEEL HOLD, & RIGHT FORWARD ROCK RECOVER CHASSE RIGHT (OR TRIPLE TURN RIGHT)

1-2      Cross rock left in front of right, tap right toe behind left  
&3-4      Step right next left and dig left heel forward, and hold  
&5-6      Bring left back and rock forward on right, rock back on left

7&8 Step right to right side, close left next to right, step right to right side (or triple full turn right traveling right)

**LEFT FORWARD ROCK RECOVER, LEFT BEHIND LEFT UNWIND, CHASSE RIGHT, LEFT CROSS BACK SIDE**

1-2 Rock forward on left, rock back on right

3-4 Touch left behind right and  $\frac{1}{2}$  unwind over left shoulder placing weight on to left

5&6 Step right to right side, close left next to right, step right to right side

7&8 Cross left over right, step back on right, step left to left side

**REPEAT**

---