

# Super Hero

拍数: 32      墙数: 2      级数: Intermediate  
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音乐: Superhero - Daze



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## ROCK-STEP, SCOOCH-HITCH BACK, STAR WITH ¼ PIVOT RIGHT

1-2      Rock right forward, rock left in place  
&3      Scooch back on left hitching right knee, step right back  
&4      Scooch back on right hitching left knee, step left back  
5-6      Touch right slightly forward, touch right to right  
7-8      Touch right slightly back, pivot ¼ turn right keeping weight left

## RIGHT SAILOR, LEFT CROSS UNWIND ½ RIGHT, CROSS STEP, CROSS TRIPLE

1&2      Step right behind left, step left to left, replace right slightly forward  
3-4      Step left in front of right, unwind ½ pivot right putting weight on right  
5-6      Step left in front of right, step right to right  
7&8      Step left in front of right, step right to right, step left in front of right

## TOE STRUTS, STOMP, BOUNCE

1-2      Step right toe forward, step down on right heel,  
3-4      Step left toe forward, step down on left heel  
5-6      Stomp forward right-left  
7-8      Bounce on heels twice keep-bumping hips slightly left (weight on left)

## BASIC RIGHT WITH ¼ TOUCH LEFT, 2-COUNT ROLLING FULL TURN LEFT, FORWARD SHUFFLE

1-4      Step right to right, step left beside right, step right to right, turn ¼ left touching left beside right  
5-6      Turning one full turn left step left-right (weight is right)  
7&8      Step left forward, step right behind left, step left forward (weight is left)

**REPEAT**

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