

# Super Girl

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Dixie Lynn (USA)  
音乐: Supergirl - Krystal Harris



## 3 CROSS TOUCHES WITH LEFT COASTER STEP

- 1-2      Cross right over left, touch left foot to left side
- 3-4      Cross left over right, touch right foot to right side
- 5-6      Cross right over left, touch left to left side
- 7-8      Step back on left, step back on right, step forward on left

## 2 ROCK FORWARD AND BACK WITH KICK AND HEEL LIFTS

- 1-2      Rock forward on right, recover on left, rock back on right, recover on left
- 3-4      Repeat rock forward and back in double time
- 5-6      Kick right forward, step back right, left with feet apart
- 7-8      Lift both heels twice

## STEP RIGHT CROSS- ROCK RIGHT AND CROSS- REPEAT TO LEFT

- 1-2      Step right to right side, cross left over right
- 3-4      Rock right to right side, cross right over left
- 5-6      Step left to left side, cross right over left
- 7-8      Rock left to left side, cross left over right

## RIGHT SIDE SHUFFLE, LEFT SIDE SHUFFLE WITH ¼ TURN & HIP BUMPS

- 1-2      Step right to right side, step left next to right, step right
- 3-4      Step left to left side, step right next to left, step left
- 5-6      Walk right, left in ¼ turn to left
- 7-8      Leadign with the right hip step right forward, slide left, step right forward, slide left

**REPEAT**

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