

# The Sunshine Sugarfoot

**COPPER KNOB**  
STEPSHEETS

拍数: 0      墙数: 1      级数: Intermediate  
编舞者: Mat Baker  
音乐: Walking On Sunshine - Katrina and the Waves



Sequence: AAB AAB AAB BB

## PART A

### TOE, HEEL, DOWN, BOUNCE AND BOUNCE, COASTER STEP, STOMP STOMP KICK

- 1-2      Touch right toe to left instep, touch right heel to left instep
- 3-4      Step right directly in front of left, hold
- 5-8      Bounce heels three times while making a ½ turn left, hold
- 9-12     Step left back, right together, forward, hold
- 13-16    Stomp right next to left twice, then kick forward, hold

### TOE, HEEL, DOWN, BOUNCE AND BOUNCE, COASTER STEP, STOMP STOMP KICK

- 17-32     Repeat section 1-16 of this section

### RIGHT, HITCH, BACK, LEFT, HITCH, BACK, RIGHT, HITCH, BACK, LEFT, HITCH, BACK, TURN

- 1-4      Step right to right side, hitch left, touch left toe back, lift left foot off floor ready for next step
- 5-8      Step left to left side, hitch right, touch right toe back, lift right foot off floor ready for next step
- 9-12     Step right to right side, hitch left, touch left toe back, lift left foot off floor ready for next step
- 13-16    Step left to left side, hitch right, touch right toe back, hitch right foot while making ¼ turn left

### RIGHT SHUFFLE, TURN, LEFT SHUFFLE, TURN, RIGHT SHUFFLE, TURN, LEFT SHUFFLE, TURN

- 1-4      Step right to right side, close left together, step right to right side, hitch left while making ¼ turn left
- 5-8      Step left to left side, close right together, step left to left side, hitch right while making ¼ turn left
- 9-12     Step right to right side, close left together, step right to right side, hitch left while making ¼ turn left
- 13-16    Step left to left side, close right together, step left to left side, hitch right while making ¼ turn left

## PART B

### FORWARD AND CLAP, BACK AND CLAP, FORWARD AND CLAP, SCOOT BACK

- 1-4      Step forward - right, left shoulder width apart, clap, hold
- 5-8      Step back - right, left shoulder width apart, clap, hold
- 9-12     Step forward - right, left shoulder width apart, clap, hold
- 13-15    Scoot back three times on left foot while leaning slightly forward with right foot extended behind
- 16      Hold

### TURNING TOE HEEL DOWN, RIGHT SHUFFLE, KICK BALL BACK, LEFT SHUFFLE

- 1-2      Touch right toe behind, make ¼ turn right touching right heel to right side
- 3-4      Make ¼ turn right stomp right in front of left (keeping weight on left), hold
- 5-8      Step right forward, step left together, step right forward, hold
- 9-12     Kick left forward, step left back, step right back, hold
- 13-16    Step left forward, step right together, step left forward, hold

### FORWARD AND CLAP, BACK AND CLAP, FORWARD AND CLAP, SCOOT BACK

- 33-48     Repeat section 1-16 of this section

**TURNING TOE HEEL DOWN, RIGHT SHUFFLE, KICK BALL BACK, LEFT SHUFFLE**

49-64

Repeat section 17-32 of this section

**ROCK AND CROSS, ROCK AND CROSS, ROCK AND CROSS, STEP, TURN, POSE**

1-4

Rock right to right side, recover onto left, cross right across left, hold

5-8

Rock left to left side, recover onto right, cross left across right, hold

9-12

Rock right to right side, recover onto left, cross right across left, hold

13-16

Step left forward, ½ pivot turn right, jump forward onto left into jazz pose (right foot extend back both arms extended out to the sides, palms down), hold

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