

# The Sunshine Sugarfoot

**COPPER** KNOB  
STEPSHEETS

拍数: 0                      墙数: 1                      级数: Intermediate  
编舞者: Mat Baker  
音乐: Walking On Sunshine - Katrina and the Waves



Sequence: AAB AAB AAB BB

## PART A

### TOE, HEEL, DOWN, BOUNCE AND BOUNCE, COASTER STEP, STOMP STOMP KICK

1-2                      Touch right toe to left instep, touch right heel to left instep  
3-4                      Step right directly in front of left, hold  
5-8                      Bounce heels three times while making a ½ turn left, hold  
9-12                     Step left back, right together, forward, hold  
13-16                    Stomp right next to left twice, then kick forward, hold

### TOE, HEEL, DOWN, BOUNCE AND BOUNCE, COASTER STEP, STOMP STOMP KICK

17-32                    Repeat section 1-16 of this section

### RIGHT, HITCH, BACK, LEFT, HITCH, BACK, RIGHT, HITCH, BACK, LEFT, HITCH, BACK, TURN

1-4                      Step right to right side, hitch left, touch left toe back, lift left foot off floor ready for next step  
5-8                      Step left to left side, hitch right, touch right toe back, lift right foot off floor ready for next step  
9-12                     Step right to right side, hitch left, touch left toe back, lift left foot off floor ready for next step  
13-16                    Step left to left side, hitch right, touch right toe back, hitch right foot while making ¼ turn left

### RIGHT SHUFFLE, TURN, LEFT SHUFFLE, TURN, RIGHT SHUFFLE, TURN, LEFT SHUFFLE, TURN

1-4                      Step right to right side, close left together, step right to right side, hitch left while making ¼ turn left  
5-8                      Step left to left side, close right together, step left to left side, hitch right while making ¼ turn left  
9-12                     Step right to right side, close left together, step right to right side, hitch left while making ¼ turn left  
13-16                    Step left to left side, close right together, step left to left side, hitch right while making ¼ turn left

## PART B

### FORWARD AND CLAP, BACK AND CLAP, FORWARD AND CLAP, SCOOT BACK

1-4                      Step forward - right, left shoulder width apart, clap, hold  
5-8                      Step back - right, left shoulder width apart, clap, hold  
9-12                     Step forward - right, left shoulder width apart, clap, hold  
13-15                    Scoot back three times on left foot while leaning slightly forward with right foot extended behind  
16                        Hold

### TURNING TOE HEEL DOWN, RIGHT SHUFFLE, KICK BALL BACK, LEFT SHUFFLE

1-2                      Touch right toe behind, make ¼ turn right touching right heel to right side  
3-4                      Make ¼ turn right stomp right in front of left (keeping weight on left), hold  
5-8                      Step right forward, step left together, step right forward, hold  
9-12                     Kick left forward, step left back, step right back, hold  
13-16                    Step left forward, step right together, step left forward, hold

### FORWARD AND CLAP, BACK AND CLAP, FORWARD AND CLAP, SCOOT BACK

33-48                    Repeat section 1-16 of this section

**TURNING TOE HEEL DOWN, RIGHT SHUFFLE, KICK BALL BACK, LEFT SHUFFLE**

49-64 Repeat section 17-32 of this section

**ROCK AND CROSS, ROCK AND CROSS, ROCK AND CROSS, STEP, TURN, POSE**

1-4 Rock right to right side, recover onto left, cross right across left, hold

5-8 Rock left to left side, recover onto right, cross left across right, hold

9-12 Rock right to right side, recover onto left, cross right across left, hold

13-16 Step left forward, ½ pivot turn right, jump forward onto left into jazz pose (right foot extend back both arms extended out to the sides, palms down), hold

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