

Sunshine Cha Cha

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 1 级数: Beginner
编舞者: Jan Wyllie (AUS)
音乐: Sunshine Girl - Herman's Hermits



ROCK ROCK TRIPLE STEP, ROCK ROCK TRIPLE STEP

1-2 Rock/step forward on left, rock back on right
3&4 Triple step on the spot left, right, left (experienced dancers can do a full turn left)
5-6 Rock/step forward on right, rock back on left
7&8 Triple step on the spot right, left, right (experienced dancers can do a full turn right)

ROCK ROCK SHUFFLE, ROCK ROCK SHUFFLE

9-10 Rock/step forward on left, rock back on right
11&12 Shuffle back left, right, left
13-14 Rock/step back on right, rock back on left
15&16 Shuffle forward right, left, right

VINE LEFT WITH A TRIPLE STEP, VINE RIGHT WITH A TRIPLE STEP

17-18 Step left to left, step right behind left
19&20 Step left beside right, step right beside left, step left beside right (cha-cha-cha)
21-22 Step right to right, step left behind right
23&24 Step right beside left, step left beside right, step right beside left (cha-cha-cha)

ROCK RETURN STAMP HOLD, ROCK RETURN STAMP HOLD

25-26 Rock/step left to left, rock/return weight to right
27-28 Stamp left beside right, hold
29-30 Rock/step right to right, rock/return weight to left
31-32 Stamp right beside left, hold

REPEAT
