

Sunsets In Heaven

COPPER **KNOB**
BY STEPHEN

拍数: 64 墙数: 1 级数: Improver
编舞者: Joy Cook (UK)
音乐: Sunsets In Heaven - Joy Cook



Dance choreographed especially for Breast Cancer Care LTK by Joy Cook. All proceeds to go to Breastcancer care UK - Tel: 01744 7651 139 for information, or Joy.cook@tesco.net

ROCK, ROCK CROSS HOLD TWICE

- 1-4 Rock to right side on right foot, rock to left side on left foot, cross right over left and hold for one beat
5-8 Rock to left side on left foot, rock to right side on right foot, cross left over right and hold for one beat

STEP. SLIDE, COASTER STEP, KICK, CROSS UNWIND ½, HOLD

- 1-2-3&4 Step right foot back, drag left foot to right foot keep weight on right, left coaster
5-8 Kick right foot forward, cross right over left, unwind ½ turn left, hold for one beat
Put weight onto left foot

ROCK, ROCK CROSS HOLD TWICE

- 1-4 Rock to right side on right foot, rock to left side on left foot, cross right over left and hold for one beat
5-8 Rock to left side on left foot, rock to right side on right foot, cross left over right and hold for one beat

STEP. SLIDE, COASTER STEP, KICK, CROSS UNWIND ½, HOLD

- 1-2-3&4 Step right foot back, drag left foot to right foot keep weight on right, left coaster
5-8 Kick right foot forward, cross right over left, unwind ½ turn left, hold for one beat
Put weight onto left foot

BOX STEP WITH SIDE SHUFFLE ¼ TURN RIGHT, ROCK STEPS, SHUFFLE

- 1-2-3&4 Cross right over left, step back on left, right side shuffle with ¼ turn right
5-6-7&8 Rock forward onto left foot, rock back onto right foot, left shuffle back

ROCK STEPS, FORWARD SHUFFLE, 2 X PADDLE STEPS ¼ RIGHT

- 1-2-3&4 Rock back on right foot, rock forward on left foot, right shuffle forward
5-8 Touch left foot forward paddle ¼ right, touch left foot forward paddle ¼ right (weight on right foot)

BOX STEP WITH SIDE SHUFFLE ¼ TURN LEFT, ROCK STEPS, SHUFFLE

- 1-2-3&4 Cross left over right, step back on right, left side shuffle with ¼ turn left
5-6-7&8 Rock forward onto right foot, rock back onto left foot, right shuffle back

ROCK STEPS, FORWARD SHUFFLE, 2 X PADDLE STEPS ¼ LEFT RIGHT

- 1-2-3&4 Rock back on left foot, rock for. On right foot, left shuffle forward
5-8 Touch right foot forward paddle ¼ left, touch right foot forward paddle ¼ left

Will be facing front wall again. Weight on left foot

REPEAT

TAG

The following is only danced on the chorus beginning 'are there sunsets in heaven' and on the instrumental. This will always be facing the front wall i.e. After the dance has been done twice (tag) the dance is done twice

more (tag) the dance is done once more then final

RIGHT & LEFT SAILOR, KICK BALL STEP BACK. STEP BACK AND TOUCH

1&2-3&4 Right sailor step, left sailor step (behind side together)

5&6-7-8 Right kick ball stepping back on right foot, step left foot back, drag right foot up to it with a touch

LEFT AND RIGHT SAILOR, KICK BALL, STEP BACK, STEP FORWARD AND TOUCH

1&2-3&4 Left sailor step, right sailor step

5&6-7&8 Left kick ball but stepping forward on left foot, step right foot forward and drag left foot up to it

RIGHT ROLLING VINE, LEFT ROLLING VINE

1-4 Right rolling vine with touch

5-8 Left rolling vine with touch

FIGURE 8 HIPS

1-4 Figure eight with hips and passion starting right hip forward to right

5-8 Figure eight with hips and passion starting left hip forward and to left
