

Sunset Stampede

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数:
编舞者: Ian St. Leon (AUS)
音乐: Ride On Into The Sunset - Barry Upton & Wild At Heart



HITCH & SHUFFLE RIGHT, HITCH & SHUFFLE LEFT, HITCH & SHUFFLE RIGHT, HITCH & SHUFFLE LEFT

- &1&2&3&4 (Turn to 1:00) raise right leg in front of left knee & shuffle forward right (right-left-right), (turn to 11:00) raise left leg in front of right knee & shuffle forward left (left-right-left)
- &5&6&7&8 (Turn to 1:00) raise right leg in front of left knee & shuffle forward right (right-left-right), (turn to 11:00) raise left leg in front of right knee & shuffle forward left (left-right-left)

ROCK FORWARD RIGHT, BACK LEFT, ½ TURN RIGHT-SHUFFLE FORWARD RIGHT ½ TURN RIGHT-STEP BACK LEFT, BACK RIGHT, COASTER STEP

- 1-2-3&4 (Facing 11:00) rock forward on right, step back on left, turn ½ turn right-shuffle forward right (right-left-right) (now facing 5:00)
- 5-6-7&8 (Facing 5:00) turn ½ turn right-step back on left, step back on right, coaster step-step back on left, & step right together, step forward on left (facing 11:00)

FORWARD RIGHT, FORWARD LEFT, SAILOR SHUFFLE, SAILOR SHUFFLE KICK & OUT, OUT, KICK & OUT, OUT, STOMP, STOMP, WALK BACK

- 1-2-3&4 (Facing 11:00) step forward on right, step left to left side (now facing 12:00), sailor shuffle right-step right behind left, & step left to left side, step right to right side
- 5&6-7&8 Sailor shuffle left-step left behind right, & step right to right side, step left to left side kick right across left & step right to right side, step left to left side
- 1&2-3-4 Kick right across left & step right to right side, step left to left side, 2 right stomp together
- 5-6-7-8 Walk back (right-left-right) step left together

RIGHT HEEL, LEFT HEEL, RIGHT HEEL & CLAP TURN ¼ LEFT-STEP RIGHT & PUSH HIPS (RIGHT-LEFT-RIGHT-LEFT)

- 1&2&3-4 Touch right heel forward, & step right together, touch left heel & step left together, touch right heel, clap
- 5-6-7-8 Turn ¼ turn left-step right to right side & push hips (right-left-right-left)

STEP RIGHT, STEP LEFT, CROSS SHUFFLE TO LEFT SIDE STEP LEFT, TURN ½ RIGHT-STEP FORWARD RIGHT, SHUFFLE FORWARD LEFT

- 1-2-3&4 Step right to right side, step left to left side, cross shuffle to left-right across left, left to left side, right across left
- 5-6-7&8 Step left to left side, turn ½ turn right-step forward on right, shuffle forward left (left-right-left)

STEP FORWARD RIGHT, BACK LEFT, SHUFFLE BACK RIGHT, BACK LEFT, TURN ½ LEFT, BACK LEFT, TURN ½ LEFT

- 1-2-3&4 Step forward on right, rock back on left, shuffle back right (right-left-right)
- 5-6-7-8 Touch left toe back, turn ½ turn left-weight on right, touch left toe back, turn ½ turn left-weight on right

COASTER STEP, STEP RIGHT, STEP LEFT, CROSS SHUFFLE TO LEFT, STEP LEFT, RIGHT TOGETHER

- 1&2-3-4 Coaster step-step back on left, & step right together, step forward on left, step right to right side, step left to left side
- 5&6-7-8 Cross shuffle to left-right across left, step left to left side, right across left, step left to left side, step right together-weight on left

REPEAT
