

Sunset Ride

拍数: 56 墙数: 4 级数: Intermediate
编舞者: Teea Riihuhta
音乐: Ride On Into The Sunset - Barry Upton & Wild At Heart



FOOT SWITCHES

1&2 Point right toe out to right side, step right together, point left toe out to left side
&3 Step left together, point right heel forward
&4& Step right together, point left heel forward, step left together

SHUFFLE FORWARD, PIVOT TURN, SHUFFLE FORWARD, PIVOT TURN

5&6 Shuffle forward (right, left, right)
7-8 Step left foot forward, turn ½ right weight on right
9&10 Shuffle forward (left, right, left)
11&12 Step right foot forward, turn ½ left weight on left

HEEL, HOOK COMBO TWICE

13-14 Touch right heel forward, hook right across left
15&16 Touch right heel forward, step right together, point left toe out to left side
17-18 Touch left heel forward, hook left across right
19&20 Touch left heel forward, step left together, point right toe out to right side

STEP ACROSS, SIDE, TAKE WEIGHT X4

21&22 Step right across left, step left to left side, transfer weight on to right
23&24 Step left across right, step right to right side, transfer weight on to left
25-28 Repeat steps 21-24

STOMP, HOLD, HEEL-BALL-TOUCH WITH ¼ TURN

29-30 Stomp right forward, hold (weight on right)
31&32 Turn ¼ left in ball right and touch left heel forward, step left together, touch right beside left

HEEL-BALL-CROSS TWICE, PIVOT TURN, SHUFFLE FORWARD

33&34 Touch right heel forward at 45 degree angle, step ball of right next to left, step left across right
35&36 Repeat steps 33&34
37-38 Step right to right side, turn ¼ left weight on left
39&40 Shuffle forward (right, left, right)

SIDE SHUFFLES, ROCK STEPS

41&42 Shuffle (left, right, left) to left side
43-44 Step right foot back, recover weight to left
45&46 Shuffle (right, left, right) to right side
47-48 Step left foot back, recover weight to right

"RIDE" TURN ¾ LEFT, JAZZ BOX

49& Touch left toe to side, lift left foot up and turn ¼ right
50-52& Repeat steps 49& three more times (you have now completed ¾ turn right)
53-56 Step left over right, step right back, step left to side touch right together

REPEAT