The Sundowner Shuffle (P)

墙数: 0

级数: Partner

编舞者: Don Stagner (USA) & Chrissy Stagner (USA)

音乐: Roll On Eighteen Wheeler - Alabama

Ladies and men are dancing the same footwork!

HEEL, CROSS, HEEL, TOGETHER, HEEL, CROSS, HEEL, BACK, STEP, KICK, BACK, TOUCH

1 Right heel forward

拍数: 32

- 2 Right heel cross over left leg shin level
- 3 Right heel forward
- 4 Right foot step beside left foot. With weight change
- 5 Left heel forward
- 6 Left heel cross over right leg shin level
- 7 Left heel forward
- 8 Left foot swing back with left toe touch
- 9 Left foot step forward
- 10 Right foot kick with knee bent (hitch-kick)
- 11 Right foot step straight back
- 12 Left foot. Step back with left toe touch

STEP, KICK, BACK, TOUCH

13-16 Repeat counts 9-12

STEP, TUCK, STEP, KICK, BACK, TOUCH, STEP, KICK, BACK, TOUCH

- 17 Left foot step forward
- 18 Right foot. Slide/tuck to the left side of left foot
- 19 Left foot step forward
- 20 Right foot kick with right hitch-kick
- 21 Right foot step back
- 22 Left foot step straight back with toe touch
- 23 Left foot step forward
- 24 Right foot kick with hitch-kick
- 25 Right foot step back
- 26 Left foot step straight back with toe touch

3 FORWARD SHUFFLES BEGINNING WITH LEFT SHUFFLE

- 27&28 Left shuffle forward (left-right-left) forward & 2
- 29&30Right shuffle forward (right-left-right) turn & 2
- 31&32 Left shuffle forward (left-right-left) around & 2

REPEAT

As you shuffle in the last 6 counts of the dance, you will complete a full turn. Release the right hands on the shoulder. Lead her into a forward shuffle extending the left hands forward on the left shuffle. As you begin the right shuffle, raise the left hands and turn ½ turn left both turning while man turns under his own arm. Continue turning as a couple and now the couple will complete the turn with the left shuffle turning ½ turn left over lady's end facing line of dance in a side-by-side position. All shuffles are tandem shuffles down line of dance. Do not stop the flow of the dance by turning in place.



