

Sunday Stroll

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 0 级数:
编舞者: Donna Eidinger (USA)
音乐: Born to Run - Emmylou Harris



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| 1 | Step forward onto right foot |
| 2 | Step forward onto left foot |
| 3 | Step forward onto right foot |
| 4 | Chug (hop on right foot and bring left foot up in front with toe pointed up and out slightly) |
| 5 | Step back onto left foot |
| 6 | Step forward onto right foot |
| 7 | Chug |
| 8 | Step onto left foot |
| 9-10 | Touch right foot out to right side and bring it back next to left |
| 11-12 | Touch left foot out to left side and bring it back next to right |
| 13-14 | Touch right foot out to side and bring it back next to left |
| 15-16 | Touch left foot out to left side and bring it back next to right |
| 17-18 | Touch right heel out in front and touch right toe straight back |
| 19-20 | Touch right heel out in front and touch right toe straight back |
| 21-22 | Step forward onto right foot and pivot $\frac{1}{4}$ turn to left on left heel |
| 23 | Stomp right foot next to left |
| 24 | Stomp left foot next to right |
| 25-26 | Put right heel out at slight angle out in front and bring it back |
| 27-28 | Put left heel out at slight angle in front and bring it back |
| 29-30 | Heel split (pigeon) |
| 31-32 | Heel split (pigeon) |

REPEAT
